

Tails & Trails

5K Trail Run

Benefiting Main Line Animal Rescue

Sunday, November 6, 2011 . 9:00am

Race Location: Pickering Meade Farm, Chester Springs, PA. Registration begins at 7:30am in Shanti Field, the first field directly to the right of the driveway entrance.

Directions: Route 202 to Route 401 West: Route 401 West approximately 4.5 miles to Route 113, Right turn on Route 113 North, Go approximately 3 miles, Turn Right on Pickering Road, Second driveway on left, an MLAR Volunteer will direct you where to park.
From Phoenixville: Route 23 to Route 113 (approx. 3.5 miles), Pass Hickory Springs Kennel (on left), Pass the next driveway & Turn left on to Pickering Road, Second driveway on left, an MLAR Volunteer will direct you where to park.
For Auto GPS: Enter 1149 Pike Springs Road, East Pikeland
For Mapquest: Enter 1149 Pike Springs Road, Phoenixville

Course Description: This will be a cross country style 5K course that traverses the rolling hills of Pickering Meade Farm. The terrain will be a combination of nice soft surfaces such as grass and gravel - no pavement! There will be sprawling views of the farm, countryside, and fall foliage the whole way. You also just may get cheered on by some of our adorable furry friends on the race course!

Awards: The top three overall male and female, and top three in 10 year age groups will receive medals. Age groups are as follows: 16-29, 30-39, 40-49, 50-59, 60+

Proceeds: 100% of the proceeds benefit Main Line Animal Rescue (MLAR). MLAR specializes in the rescue and placement of abused, unwanted and abandoned companion animals. We never discriminate on the basis of health, age or breed. By involving and educating the community, Main Line Animal Rescue works to raise the public's awareness of the plight of homeless animals as well as realizing the benefits of adopting an animal in need. Our animals are examined, vaccinated, spayed or neutered and receive any and all medical treatment before they are placed in exceptional homes. More information can be found at www.MLAR.org.

Other Information: Timing by Pretzel City Sports. Results will be posted at www.pretzelcitysports.com 2-3 days following the event. A raffle will be held immediately following the race, with all proceeds benefiting MLAR.

Entry Fee: Pre-registration entries will be accepted if post-marked by October 28, 2011. Preregistration is \$20, \$25 on the day of the event, and \$20 if t-shirts are unavailable. All pre-registrants are guaranteed a shirt of their selected size. All participants entering after October 28 up to and including the day of the race are offered t-shirts while supplies last.

Contact: Main Line Animal Rescue, Development Office – (610) 933-1164 . donate@mlar.org

Website: Race forms and online registration are also available at www.MLAR.org and www.pretzelcitysports.com. Find us on Facebook for more!

Make Checks Payable to: Main Line Animal Rescue, P.O. Bo x 89, Chester Springs, PA 19425

TAILS & TRAILS ENTRY FORM . NOVEMBER 6, 2011 . PLEASE PRINT LEGIBLY

Name _____

Sex _____ Age _____ Date of Birth _____

Address _____

City, State, Zip _____

Phone _____ Email _____

Shirt Size (circle one) S M L XL

Waiver (MUST BE SIGNED)

In consideration of your accepting this entry , I, the below signed, intending to be legally bound, for myself, my heirs, my executors and administrators, waive and release any and all rights and claims for damages I may have against the race, and sponsors and their representatives, successors and assigns for any and all injuries suffered by me in said event. I attest that I will participate in this event as a footrace, and that I am physically fit and sufficiently trained for the completion of this event. Furthermore, I hereby grant full permission to use my name and likeness, as well as any photographs and any record of this event in which I may appear for any legitimate purpose, including advertising and promotion.

Signature _____ Date _____

Parent/Guardian (if under 18) _____

No refunds will be issued for any reason.