

Legs for Lindsey 2011 Registration

ENTRY FEE & REGISTRATION:

- \$20 Pre-Registration received by 8/7/11
- \$70 Family Pre-Registration 4 or more
- \$25 After 8/7/11 or day of race
- \$10 Fun Run
- \$35 Family Fun Run - 4 or more

Mail your registration to:

D. Herr
717 Barrington Road
Collegeville, PA 19426

make checks payable to: Legs for Lindsey.



Online Registration Powered by Active.com

T-shirts guaranteed to all pre-registered 5K runners/walkers. All Fun Run participants will receive a participation ribbon. Same-day registrants will receive a t-shirt while supply lasts. Dog participants will receive a bandana while

Name: _____

Address: _____

Telephone: _____

Email: _____

Age: _____ Male: _____ Female: _____

Circle Shirt Size: S M L XL

Event: 5K Fun Run

The Dog is coming! Y N Fun Run Only

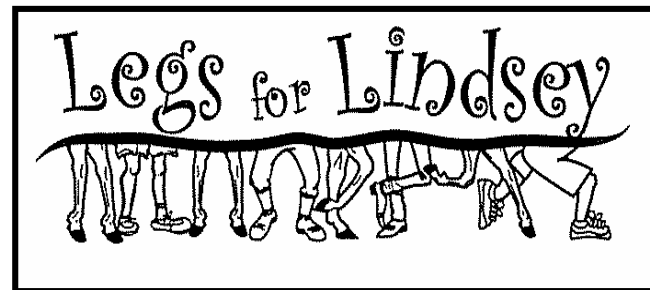
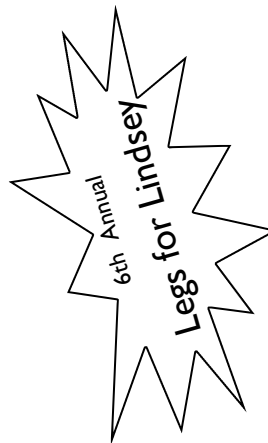
WAIVER: I know that running a road race is a potentially hazardous activity. By entering and running, I acknowledge that I am medically able and properly trained for this event. I assume any and all risks associated with running this event including but not limited to falls, contact with vehicles and other participants and any objects, weather and hazardous road conditions. In consideration of the acceptance of my entry, I hereby waive and discharge all rights and claims from Legs for Lindsey representatives, Sebastian Riding Associates, the race officials, sponsors and all others including the municipalities along the course from all claims, demands, suits or actions in any manner for injuries, damages or personal loss I may sustain as a result of my participation in this event. I attest that I have read and understand this release.

Name: _____ Date _____

Signature: _____

Parent if under 18: _____

Sebastian Riding Associates
3589B Water Street Road
Collegeville, PA 19426



5K Run & Fun Run/Walk

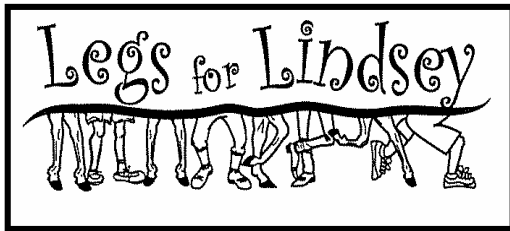
Benefiting
Sebastian Riding Associates

6th Annual
All New Flatter
Race Course

Wednesday,
August 10, 2011

5:30 pm Registration & number pick up
6:30 pm Fun Run
7:00 pm 5K Run/Walk

Evansburg State
Park
Collegeville, PA



ABOUT Legs for Lindsey:

Lindsey Anne Hanebury was born with Down Syndrome in 1984. At the age of two, she began therapeutic horseback riding with Sebastian Riding Associates, located in Collegeville. Over the years she developed a love for horses and the sport of riding. She rode at Sebastian Riding Associates for 17 years, which aided in her physical and emotional development. We tragically lost Lindsey in October, 2004, to Leukemia.

This race is our way of commemorating Lindsey's extraordinary life and her love for horses, which all started at SRA. Sebastian Riding Associates is a non-profit, therapeutic riding program located in Evansburg State Park. We can make the *sixth annual* race successful again this year only with your help!

Sebastian's therapeutic program includes children and adults with a wide range of physical, mental and emotional disabilities. The focus of the program is a safe, fun and healthy approach to growth and rehabilitation through equine activities and riding. The program supports over 100 riders interacting with 11 horses, a staff of instructors, physical and occupational therapists, and a dedicated team of volunteers.



Sebastian Riding Associates
3589 Water Street Road
Collegeville, PA 19426

Race Information

Wednesday, August 10, 2011

Location: Under the Tent at the baseball fields Evansburg State Park

Skippack Creek Road
Collegeville, PA

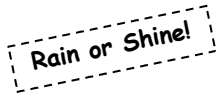
5:30 pm Registration



Parking in the Ballfield parking lot and the Equestrian Trail Head parking lot both located on Skippack Creek Road in Evansburg State Park.

6:30 pm Fun Run

7:00 pm 5K Run/Walk



Legs for Lindsey will be held in beautiful Evansburg State Park, Collegeville, PA, starting at the Big Top tent on Skippack Creek Road off of Germantown Pike and follow the wheel-measured scenic course, over the bridge past Sebastian Riding Associates. Water stops will be available along the race course as well as at the start/finish area.

Categories and Prizes

Prizes awarded to top male & female finisher in the 5K race, and male & female runners finishing 1st, 2nd & 3rd in the following age groups:

14 & Under	
15-19	40-44
20-24	45-49
25-29	50-54
30-34	55-59
35-39	60 & Over

Results posted on:
www.pretzelcitysports.com

Fun Run with the Dog

Bring your dog friend to join in the 1 Mile Fun Run. All Dog participants will receive a Sebastian bandana. Please keep your dog leashed and in control at all times.

Corporate Sponsorships

5K Run & Fun Run/Walk

Benefiting

We Need Your Help!

Your sponsorship will directly support our program which improves the quality of life for children and adults with disabilities through equine therapy.

GOLD SPONSOR: \$250

Water stop sponsorship *Signage* plus *Large Featured Logo & Listing* on T-shirt

SILVER SPONSOR: \$100

Bold Listing on T-shirt

BRONZE SPONSOR: \$75

Listing on T-shirt

Contact/email:

Questions?:
Call 215-872-0148
Email: sebastianriding@verizon.net