

1 MILE FUN RUN/WALK

(INCLUDES T-SHIRT WITH SAME REGISTRATION COSTS & DEADLINES AS 5K)

- Race Day Registration for 1 Mile Fun Run/Walk : 7:00 AM – 8:00 AM on Saturday, September 10th, 2011
- Run/Walk will Start at 8:15 AM
- Start will be at Northeastern Middle School

5 K RUN/WALK

- Race Day Registration for 5K Run/Walk: 7:00 AM 8:30 AM on Saturday, September 10th, 2011
- Start will be at: Northeastern Middle School 4855 Board Road, Mt. Wolf, PA 17347
- Finish will be at: Eagle Fire Company

54 Center Street, Mt. Wolf, PA 17347

- Course is closed road, wheel measured & well marked
 There is a moderate downhill section, baby joggers
- are allowed; however, please use *caution!*Leashed pets are allowed
- Leasned pets are allowed
- Timing services will be provided by Pretzel City Sports
- Race director is Ashley Brenneman who can be reached at 717-978-0472 or ashley@firefighter5k.com
- For more information or to pre-register online, please visit www.firefighter5k.com

EAGLE FIRE COMPANY'S 2ND ANNUAL FIREFIGHTER 5K RUN/WALK

ALSO BENEFITS THE FIRE FIGHTER CANCER FOUNDATION

1 MILE FUN RUN/WALK - 8:15 AM 5 K RUN/WALK - 9:00 AM SEPTEMBER 10[™], 2011 RAIN OR SHINE!



5 K & FUN RUN/WALK PRE-REGISTRATION

- Pre-registrations postmarked on or before August 19th, 2011 are \$20.00 and include a t-shirt
- Pre-registrations postmarked after August 19th, 2011 are \$25.00 *(t-shirts will be offered while supplies last.)*
- TEAMS (10+ Participants) are required to pre-register on or before August 19th, 2011. The cost per-person for TEAM members is \$15.00. (ALL TEAM MEMBER REGISTRATION FORMS <u>MUST</u> BE SUBMITTED TOGETHER BY THE TEAM CAPTAIN, IN ORDER TO RECEIVE THE REDUCED RATE.)
- Mail registration and money to: Firefighter5K, P.O. Box 812, Mt. Wolf, PA 17347
- Make checks payable to Eagle Fire Company

Race packet pick-up: Friday, September 9th : 5PM – 8PM (Eagle Fire Company) Saturday, September 10th : 7:00AM – 8:30AM (Start Location) OPENING CEREMONIES begins at 8:45AM (Start Location)

AWARDS:

Awards presented to the overall Male and Female finishers and to the top three finishers of each age group (overall finishers, not eligible for age division awards)

• 13 & under	• 20-29	• 40-49	• 60-69
• 14-19	• 30-39	• 50-59	• 70 & over

Raffles will be held at the end of the race for all participants and spectators; the overall and top three finishers will receive free raffle tickets.

EAGLE FIRE COMPANY'S 2ND ANNUAL FIREFIGHTER 5K RUN/WALK (3.1 MILES) · SATURDAY, SEPTEMBER 10TH, 2011

REGISTRATION FORM

1 MILE FUN RUN/WALK	5 K RUN/WALK
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INDIVIDUAL TEA	•

NAME				 PHONE			
STREET				 CITY			ZIP
DATE OF BIRTH		AGE as of Se	ptember 10 th 2011		D MALE	🖵 FEMAL	LE
TEAM NAME (IF APPLICABLE)		TEAM CAPTAIN'S NAM	ИЕ	 	PHONE		
EMAIL ADDRESS							
	T-SHIRT SIZE	🗆 X-SMALL	SMALL		ARGE 🛛	X-LARGE	

In consideration of the acceptance of this entry to the Eagle Fire Company Firefighter 5K, I waive all claims for myself, my heirs, and assigns, the sponsors, co-operating and coordinating groups and any individuals associated with the event and will hold them harmless for any and all injuries or illness which may result from my participation. I further state that I am in proper physical condition to participate in this race. I hereby give my permission to Eagle Fire Company and various media outlets to use my name and/or picture in any newspaper, broadcast, telecast or any other account of this event, without limitation, and without obligation to anyone to compensate me further thereof.

SIGNATURE

DATE