

14th annual
Mrs. Smith's Challenge
We Can Do It!

5 mile trail run



for women only

POST FEB. 15 TO FEB. 28



WAR PRODUCTION CO-ORDINATING COMMITTEE

Saturday, May 12, 2012 10am

Start Location: Lancaster County Central Park, Lancaster, Pa.
(The race will start and finish at Pavilion #1)

Course info: The race will be run on hiking trails and grass
within the 600 acre park.

Entry Requirements: Must be a female, over the age of 18

Entry Fee: \$28 Jan 1-April 16 (includes women's specific t-shirt)
\$35 April 17-race day (does not include t-shirt)

Awards: Open Division Champion

1st, 2nd, & 3rd Place- 18-29, 30-39, 40-49, 50-59, 60+

This race benefits the Boys and Girls Club of Lancaster

questions: email aimeeharmon@yahoo.com or rbergman@dejazzd.com

Directions to race start:

From the South: Heading north into Lancaster, Rt. 272/222 becomes Queen St. Turn right at the first traffic light (Chesapeake St.) at the bottom of the hill, turn right into the park.

From the North: Rt. 501, 222, 272 south on Lititz Pike. Over the railroad bridge, road bends right. Turn left on Duke St. (first left) and follow signs south through town. Continue south to traffic light at Chesapeake St. Turn right on Chesapeake St. at bottom of the hill turn left into the park.

From East and West: Head into Lancaster, turn south on Duke St. Continue south to traffic light at Chesapeake St. Turn right on Chesapeake St. at the bottom of the hill, turn left into the park

GPS Address: 827 Rockford Road, Lancaster, Pa 17602

clip and mail

Read Waiver before signing

In the consideration of the acceptance of my entry in this race, I, the undersigned, on behalf of myself, my heirs, executors, administrators, and assigns, do hereby release Lancaster County Department of Parks, Lancaster Road Runners Club, any other sponsors, volunteer medical staff, race organizers and their representatives, agents employees, and assigns of all the foregoing from any and all claim for damages, demands, and causes of actions arising from or out of my participation in Mrs. Smith's Challenge Trail Race.

I do attest and verify that I am physically fit, have sufficiently trained for the completion of this event and that I am aware of the dangers of trail running including sprained ankles, cuts, bruises, broken bones, animal or insect bites, My actions and mishaps are accountable to no one but myself. By signing my name below, I certify that I have read, understand, and agree with the terms and conditions of this release and do intend to be legally bound thereby. I hereby give my permission to race officials to use my name and/or picture videos in any way that they see fit without limitation, and without any obligation by anyone to compensate me further. I acknowledge that my entry fee is not refundable, even if the race is canceled by an act of nature or man.

Name _____ Phone _____

Address _____

City _____ State _____ Zip _____

Date of Birth _____ Age _____ Shirt Size (circle one) S M L XL

Email Address _____

Race entry fee: \$28 Jan-April16 (includes women specific t-shirt)

\$35 April 17-race day (does not include t-shirt)

make Check payable to:

Robert Bergman

412 Hensley Street

Lititz, PA 17543

or

register on ACTIVE.COM

http://www.active.com/event_detail.cfm?event_id=1967236

Signature _____

Extra Donations will be given to the Boys and Girls Club of Lancaster