

# Tyler Arboretum



## TYLER ARBORETUM 10K TRAIL RUN 19<sup>th</sup> Running Saturday, March 31, 2012 *Your New Favorite Trail Race*

Tyler Arboretum 515 Painter Rd. Media, PA 19063-4424

9:00 AM Start. Registration and race packet pick up open at 8:00 AM

Presented by Delaware County Road Runners Club.

**USATF Mid-Atlantic Off-Road GP Event.**

Race Website: [www.TylerTrailRun.com](http://www.TylerTrailRun.com)



Registration fees \$25.00 before March 04, 2012; \$30.00 after.

**RAIN OR SHINE. NO REFUNDS, TRANSFERS or EXCHANGES**

Mail entry form and checks payable to Delco RRC to: Delco RRC c/o John Greenstine, 254 Clover Circle, Media, PA 19063 or register online at race website [TylerTrailRun.com](http://TylerTrailRun.com)

Amenities: Gift for runners registered before March 04. Refreshments after the run for runners and guests.

Awards: Top overall male and female runners, first three male and female runners in age groups 18-29, 30-39, 40-49, Men 50-59, Women 50-59 and over, Men and Women 60 and over. No duplicate awards.

The course is wheel measured at 6.2 miles. Narrow and wide hiking trails with rolling and climbing hills, four shallow creek crossings. One water station you will enjoy twice on your run. Trail will be marked with bio-caulk arrows on the ground, ribbons on trees and posts, and arrow signs. Course volunteers where needed.

More information call: Race Director John Greenstine (610) 891-0806, or e-mail: [TylerTrailRun@yahoo.com](mailto:TylerTrailRun@yahoo.com) or [Info@Delcorrc.com](mailto:Info@Delcorrc.com). Results will be posted at [TylerTrailRun.com](http://TylerTrailRun.com) and [www.Delcorrc.com](http://www.Delcorrc.com)

**Attention: Dogs are not permitted on the Arboretum property**

### REGISTRATION FORM

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ MI \_\_\_\_\_ Sex \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Age Day of Race \_\_\_\_\_

Email Address: \_\_\_\_\_ Phone number \_\_\_\_\_

Size of Shirt, circle one: **SM MED LG XL**

#### **MUST BE 18 OR ABOVE TO ENTER**

WAIVER: I understand that running races are potentially hazardous activities. I agree to abide by any decision of race official about my ability to safely complete the run. I assume all risks with running this race, including, but not limited to, falls, contact with other participants, the effects of the weather, conditions of the trail or road and traffic on course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of accepting this entry, I the undersigned, intending to be legally bound, here by, for myself, my heirs, executors and administrator waive and release any and all rights and claims for losses and damages I may have against Tyler Arboretum and Delco RRC and all other parties and their representatives, successors, and assigns for any and all injuries suffered by me in said event. I am medically able and properly trained. I also give permission for the free use of my name and photograph in any broadcast, web usage or other accounts or promotion of the event or Delco RRC.

WAIVER MUST BE SIGNED

Signature \_\_\_\_\_ Date \_\_\_\_\_

Register online or mail entry and check to Delco RRC, c/o John Greenstine, 254 Clover Circle, Media, PA 19063

**SPONSORSHIP OPPORTUNITIES ARE AVAILABLE**