

UBERENDURANCESPORTS PROUDLY PRESENTS THE 3rd ANNUAL

“Dirty German”

25k, 50k, 50 Miles

Philadelphia, PA

SUNDAY, May 26th 2013 8:00 A.M

Proudly supports Friends of Pennypack Park

This race takes place within the city limits of Philadelphia, and therefore qualifies as an urban ultra trail-marathon, but you will not find things like traffic, noise, bad air quality & concrete buildings here, but about 500 cuckoo trail runners enjoying the trail along with you.

This racecourse is located within Pennypack Park, a hidden gem within Philadelphia's Fairmont park system. The park stretches along Pennypack creek for about 7 1/2 miles, and is home to many trails, huge old trees, birds & other wildlife. I run here all the time, and never get tired of it.

This race offers a perfect opportunity for runners to enter the exciting world of trail (ultra) running. We accomplish this by providing a course that is well marked & not too technical. The course features different surfaces. Some soft and occasionally sandy spots along the creek, a lot of smooth single track as well as some wider flat gravel trail, and some short sections on a paved bike trail. There is some elevation, but the climbs are short. This course is very runnable and easy by trail running standards which as experienced runners will know, can make it even more challenging, because it will not give you many opportunities where you can/should hike.

After the race enjoy some German pastries and food prepared by the chefs of the former Old Brauhaus and live music by Uberhans, America's toughest accordion player.

REGISTRATION/ENTRY Pine Road Entry at Pennypack Park, Pine Road, Philadelphia, PA 19115.

Packet pickup starts at 6:45 a.m. Race starts: 8:00 AM . Time limit for 50 Miler 12 hours firm.

25K \$45 till 2/28 \$50 till 4/30 \$55 5/1 until sold out (race will sell out, please check website!!!)

50K \$60 till 2/28 \$65 till 4/30 \$70 5/1 until sold out (race will sell out, please check website!!!)

50M \$70 till 2/28 \$75 till 4/30 \$80 5/1 until sold out (race will sell out, please check website!!!)

For more info check www.uberendurancesports.com

YOU GET: Tech. shirt with no advertising, finisher award, excellent post race carbs, terrific well marked course , 4 (per loop, 3 for 25K) well stocked aid stations staffed by ultra runners, toilets, free parking right at start/finish area , unique German awards.

AWARDS: Winner overall and Masters gets a cuckoo clock. Top 3 M & F, 18-29, 30-39, 40-49, 50-59 and Winner 60+ Receive a unique German weather-house as an age group award.

DIRECTIONS : To get directions use www.googlemaps.com and enter: 8750 Pine Road, Philadelphia, PA

Register online at www.uberendurancesports.com

Race director: Stephan Weiss, stephanweiss@comcast.net, 717-484-1127 www.uberendurancesports.com

Insurance Provided by Road Runner Clubs of America (R.R.C.A.)

PARKING: Please park along Pine Road as directed by volunteers. Carpooling is always encouraged and appreciated. Please note alcohol is prohibited within Pennypack Park. Dogs are allowed, however they have to be on the leash at all times.