

Melissa Edwards
5th Annual 5K Memorial Run/Walk 2013
Hosted by LJ's Fitness
Saturday, April 27, 2013 at 10:00 am

This 5K Run/Walk is held in memory of Melissa Edwards, a Conrad Weiser teen who died in a tragic car accident in 2008. Melissa loved books and was an avid reader, as well as a library volunteer. All proceeds go to the Womelsdorf Community Library in Melissa's memory.

Date: Saturday, April 27th at 10:00 am Rain or Shine

Description: Asphalt road course with rolling hills in scenic Womelsdorf course is well marked with traffic control at busy intersections. This event is for all ages and abilities.

Location: LJ's Fitness, 102 North 3rd Street, Womelsdorf, PA 19567. The Run/Walk begins and finishes at LJ's, with parking provided and inside restrooms available.

Entry Fee: Pre-Registration Fee: \$20.00 if preregistered by April 15th.

Includes a free souvenir t-shirt.

\$25.00 Registration fee after April 15th, including Race Day

Children under 12 Free*

*No registration fee charged, but please consider making a donation if your child would like a t-shirt.

Registration: Registration forms available at LJ's Fitness and the Womelsdorf Community Library. Registration forms may be downloaded online at www.berks.lib.pa.us/womelsdorfcl/ or www.pretzelcitysports.com. Forms and payment (cash or check made payable to the Womelsdorf Community Library, reference: Memorial Run) may be delivered or mailed to:

Womelsdorf Community Library
203 West High Street
Womelsdorf, PA 19567
610-589-1424

or

LJ's Fitness
102 North 3rd Street
Womelsdorf, PA 19567
610-589-5213

Registration with payment by credit card can be done online at www.ljsfitness.com.

All participants must sign a waiver prior to the race. Participants under 18 must have a parent present to sign the waiver.

Awards & Amenities: Nice prizes awarded to the top 3 runners and the first female to finish. Refreshments and lunch will be provided after the run. Cool weather usually calls for soup and chili, with lots of yummy desserts.

Directions: Womelsdorf is located halfway between Reading and Lebanon, at the intersection of 422 and 419 (also known as 3rd Street), turn South on 419 at the traffic light. Drive 3 blocks, LJ's Fitness is on the right.

Questions: Contact LJ's Fitness at 610-589-5213

Melissa Edwards 5K Memorial Run/Walk Registration

Name _____
Address _____
City _____ State _____ Zip _____
Phone _____ email _____

A souvenir shirt will be given to participants who pre-register by 4/15/2013.

Would you like a t-shirt? _____ Yes _____ No

Shirt sizes: S M L XL XXL (circle one)

Registration Fee: \$20.00 by April 15, \$25.00 after April 15.