

*Southern Lehigh Education Foundation Presents*  
**2014 Tri-a-Biathlon Challenge: THE GREATEST CHALLENGE AROUND!**



**Saturday, October 11, 2014; 8 am start at Southern Lehigh Intermediate School**  
**ALL SCHOOLS ARE WELCOME!**

Are you ready for your young aspiring athletes experience a new type of race? They will challenge themselves and experience something new and exciting in the sports world! On Saturday, October 11, 2014, we will be having a highly anticipated and unique event called the *Tri-a-Biathlon Challenge*! Come join us!

*The Tri-a-Biathlon Challenge* is a bike/run race for grades 3-12. It will start with the bike portion of the race at 8 am. We will have Saucon Valley Bikes, checking all bike tires and chains for the safety of our cyclists. All grades will ride their bikes for 4 miles through our beautiful community. The Upper Saucon Police and Fire Department will be doing a great job (as always) managing traffic and keeping our cyclist safe. Throughout the entire race, we will have almost 100 volunteers to help, too. You will see this by their Tri-a-Biathlon ORANGE sweat wristbands. You can't miss them! Also, we will have many residents cheering our aspiring biathletes along the route, too! Then, they will transition to our run portion of the race. Here are the distances for the run race:

- Grades 3-6: 1.5 miles
- Grades 7-8: 2.35 miles
- Grades 9-12: 3.1 miles (5K)

While the race is transpiring, we will have an inflatable obstacle course as well as Leading Edge Martial Arts for our younger aspiring biathletes to play until their siblings/cousins/friends experience their spectacular finish at the Southern Lehigh Football Stadium. The jammin' music will be playing, too, by DJ Jazzy Glenn!

Timing is done by the GREAT Pretzel City Sports...of course the timing will be correct. Awards will be given for all categories for 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup>, for male and female. All FINISHERS will receive a FINISHER medal! How great is that? Lastly, all registrants will receive a one of kind tee-shirt.

When our biathletes complete such an accomplishment, they will be able to replenish their hard work by visiting our hospitality tent, sponsored by Stephens Funeral Home near the finish of the race.

Visit our website at [www.triabiathlon.com](http://www.triabiathlon.com) or visit us on our Facebook page. You can sign up on Friday night (10.10.14) between 6-8 pm at Southern Lehigh Intermediate School (SLIS) or on race day at SLIS from 6.30-7.30 am. For additional information, contact Dr. Trisha Colasurdo ([trish@triabiathlon.com](mailto:trish@triabiathlon.com); 484.225.3048) or Jennifer Wescoe-Schaninger ([jen@triabiathlon.com](mailto:jen@triabiathlon.com); 484.553.6340).

***WE'VE HAD 500+ young challengers complete in this race....HAVE YOU?!***