

COLONIAL PARK FIRE CO. 4TH ANNUAL 5K RUN OCTOBER 5, 2014 9:30AM START **REGISTRATION OPEN@8:30AM** 433 S. Houcks Rd, Harrisburg PA 17109 WWW.COLONIALPARKFIRE.ORG

ONLINE REGISTRATION AT <u>WWW.PRETZELCITYSPORTS.COM</u>

Online registration closes Wednesday October 1, 2014 at midnight. Nominal fee applies. T-shirt guarantee if registered by September 20

WHEEL MEASURED rolling road race starting and ending at CPFC following residential streets of CPFC primary run district with VERY VISIBLE COURSE MARKINGS and assistants at intersections

Prizes will be awarded to the overall top male and female finishers, and the top finishers in each of the following age groups, both male and female (no duplication) U15, 16-19, 20-29, 30-39,40-49, 50-59, 60-69, 70 and over

Refreshments will be provided for all race participants at the Fire House prior to the race. A lunch also

provided after race during our annual open house. ______ Race Registration Form Run Information: (Check event entered) [] 5K Run (\$20) [] 5K no shirt (\$15) Shirt Size: (Check One) [] S [] M [] L [] X L Runner's Information: [] Male [] Female Age on Race Day: _____ Last Name: _____ First Name: _____ Address: _____State: _____ Zip: _____ email: __ In consideration of your permitting me to participate in this event, on behalf of myself, my heirs, executors, administrators, successors and assigns, I hereby waive and release COLONIAL PARK FIRE CO. of all rights and claims for damages which I may have against you or your assigns, Lower Paxton Township, in which the event occurs, or anyone connected with the event, their heirs, executors, administrators, successors, and assigns, for any and all injuries or illnesses which I may suffer as a result of taking part in the event. I grant my permission to use my name or any photos, audio or visual recording for any lawful purpose. NOTE: Volunteers will be on hand to guide participants; however, roads will be open to traffic. I have read & understand the above waiver. Signature: ______Date: _____

____Date: _____

Colonial Park Fire Co. 5k, c/o Brian Park, 433 S Houcks Rd, Harrisburg PA 17109 Please make checks payable to Colonial Park Fire Co.

Parent's Signature if under 18 years of age: