



Wissahickon Trail Classic

Presented by East River Bank

Sat. June 7, 2014 ~ Philadelphia PA



The area's premier **10k Trail Race** and guided **5k Nature Hike**

Join us on June 7, 2014 for a challenging 10k trail run or scenic 5k hike along trails in the Wissahickon Valley Park—the premier trail race in Philadelphia! Trails will be well marked & water stops will be available at regular intervals.

For course maps, photo albums, sponsor info and more, visit:

WissahickonTrailClassic.org

Register by 5/23 & SAVE \$7.00

The WTC benefits Wissahickon Restoration Volunteers, a non-profit organization devoted to restoring the natural lands of the Park. WRV holds volunteer events on the 1st Saturday and 3rd Sunday of every month! For details, or to become a member, please visit: WissahickonRestorationVolunteers.org



Visit the URL above for the link to **register** at PretzelCitySports



Great T-shirts are available for pre-registered participants. Race prizes will be awarded to top male and female runners, and top finishers in each age group. Refreshments available after the race (last year, provided by Whole Foods Market).



"The hills are as steep as the competition but it is the camaraderie and benefit to the park that keep me coming back every year. Your legs will hurt and your lungs will burn, but you'll love every minute of it!" ~ Kristen Zielinski, top finisher

"A trail race that has everything. Hills, flats, beauty, and a covered bridge... There is a reason that it is called the Classic!!!" – Chris Verry, a five time Trail Classic finisher



WRV is a 501(c)(3) non-profit organization devoted exclusively to restoring the natural lands of the Wissahickon Valley Park in Philadelphia, PA.



PHILADELPHIA
PARKS & RECREATION



WissahickonTrailClassic.org



Wissahickon Trail Classic

Presented by East River Bank
 USATF-Sanctioned Event



Date Saturday June 7, 2014 - **Start Times:** 9:00am (10k Trail Race/run); 9:15am (5k Guided Hike)

Location Northwestern Ave. & Forbidden Drive, Wissahickon Valley Park, Philadelphia, PA
 Visit WissahickonTrailClassic.org for **directions, parking,** and race/hike information

Registration ONLINE: Visit WissahickonTrailClassic.org for the link to PretzelCitySports.com
Online registration closes midnight 6/5/2014

BY MAIL: Complete the form below and make check payable to:
 Pretzel City Sports - 112 West 36th Street - Reading, PA 19606
Do not mail applications after 5/31/2014 !

Fees **Register by 5/23 and SAVE \$7.00 !**

10k Trail Race/Run: \$28.00 before 5/23; \$35.00 thereafter
 5k Guided Nature Hike: \$18.00 before 5/23; \$25.00 thereafter

Donations As you probably know, WTC entry fees are less than many other events. We encourage participants to make a donation to WRV upon registration. All event proceeds, including your donation, go directly toward the Wissahickon Valley Park, the beautiful backdrop for this great event.

Mail-in Form **One per applicant; be sure to sign the bottom of this form**

Last Name		First	Middle Initial
Street Address			
City		State	Zip
Contact phone		E-mail	
Birth Date		Gender <input type="checkbox"/> Male <input type="checkbox"/> Female	Age on Race Day
Emergency Contact		Relation	Phone
T-Shirt Size <input type="checkbox"/> SM <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> XXL (guaranteed only for pre-registration)		Interested in Volunteering? <input type="checkbox"/> Before the Event <input type="checkbox"/> Race Day	
Racing as a Team? <input type="checkbox"/> Yes <input type="checkbox"/> No		If Yes, Team Name	
How did you hear about this? (check all that apply pls.) <input type="checkbox"/> Previous Year/s <input type="checkbox"/> Flyer <input type="checkbox"/> Facebook <input type="checkbox"/> Website <input type="checkbox"/> Friend <input type="checkbox"/> USATF <input type="checkbox"/> Other			

Route selection	Fee (see 'Fees' above)	WRV Donation	Total
<input type="checkbox"/> 10k Trail Race/Run <input type="checkbox"/> 5k Guided Nature Hike	\$	\$	\$

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I acknowledge that running/walking the Wissahickon Trail Classic is a strenuous physical activity. I am medically able and willing to participate in this run/walk. I agree to abide by a decision of a race official. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather including heat and/or humidity, and the conditions of the running course. I, for myself, and anyone entitled to act on my behalf, waive and release the race directors and sponsors, their representatives and coordinators, from all claims or liabilities of any kind arising out of my participation in this event. I authorize WRV to use photographs of me taken at this event for promotional purposes in future WTC web and printed materials.

Signature _____

Date ____ / ____ / ____