6 Dirty German 9 25K, 50K & 50M (Ultra)Trail Race Pennypack Park, Philadelphia PA Sunday, May 18th 2014, Limit 600 Runners *"Proudly supports the Friends of Pennypack Park"*

This race takes place within the city limits of Philadelphia, and therefore qualifies as an urban ultra trailmarathon, but you will not find things like traffic, noise, bad air quality & concrete buildings here. This race course is located within Pennypack Park, a hidden gem within Philadelphia's Fairmont park system. The park stretches along Pennypack creek for about 7 1/2 miles, and is home to many trails, huge old trees, birds & other wildlife. I run here all the time, and never get tired of it. This race offers a perfect opportunity for runners to enter the exciting world of trail (ultra) running. We accomplish this by providing a course that is well marked & not too technical. The course features different surfaces. Some soft and occasionally sandy spots along the creek, a lot of smooth single track as well as some wider flat gravel trail, and some short sections on a paved bike trail. There is some elevation, but the climbs are short. This course is very run-able and easy by trail running standards which as experienced runners will know, can make it even more challenging, because it will not give you many opportunities where you can/should hike.

After the race enjoy some German food and pastries prepared by the chefs of the former Old Brauhaus and live music by Uberhans, America's toughest accordion player.

Package PickupPavillion at Pennypack Park, approx : 8750 Pine Road, Philadelphia , PA 19115.On 5/18/14 only, starting at 6:30AM.New in 2014, 3 waves for 3 distances:50 Miler starts at 7:30AM50K starts at 8:00AMEffect:

25K \$45 till 2/28 - \$50 till 4/23 - \$55 until sold out (race will sell out, please check website!!!) 50K \$60 till 2/28 - \$65 till 4/23 - \$70 until sold out (race will sell out, please check website!!!) 50M \$70 till 2/28 - \$75 till 4/23 - \$80 until sold out (race will sell out, please check website!!!)

Online registration only at www.uberendurancesports.com

YOU GET: Tech. shirt with no advertising, finisher award, excellent post race carbs, terrific well marked course, 4 (per loop, 3 for 25K) well stocked aid stations staffed by ultra runners, toilets, free parking within walking distance to the start/finish area, unique German awards.

AWARDS:

Winner overall and Masters gets a cuckoo clock. Top 3 M & F, 18-29, 30-39, 40-49, 50-59 and Winner 60+ receive a unique German weather-house as an age group award.

DIRECTIONS/PARKING : To get directions use www.googlemaps.com and enter: 8750 Pine Road, Philadelphia, PA, free parking along Pine Road

Race director: Stephan Weiss, stephanweiss@comcast.net, 717-819-3760 www.uberendurancesports.com Insurance provided by Road Runner Clubs of America (R.R.C.A.)