

The Octorara High School Cross Country and Track & Field Booster Club presents:

The 2nd Annual

Dire Wolf

5 Mile Trail Run

9:00AM Saturday October 10, 2015

Wolf's Hollow Park

1399 Schoff Road, Atglen, PA 19310

The Dire Wolf is a challenging trail run consisting of hills, rocks, roots, a rugged downhill switchback, and a shallow creek crossing. The course is a mix of fire trail, single-track, and grass. Runners of all speeds and abilities are welcome, but novice trail runners be advised that this course is not your average run in the park. Members of the Octorara Junior and Senior High School cross country teams are stationed throughout the course to provide direction and enthusiastic encouragement.

Race day registration/bib pickup will open at 7:45am with race starting promptly at 9am. Parking is somewhat limited so carpool if possible. Start/finish, registration, and portable bathrooms all conveniently located near parking area. Post-race refreshments provided for all participants. Emergency medical services on standby. Race held rain or shine.

Awards ceremony held immediately after last runner crosses finish line. Unique wolf-themed awards to male and female overall winners. Medals to top 3 male/female in following age groups: 0-19; 20-29; 30-39; 40-49; 50-59; 60+

Entry fee: \$25 if postmarked by September 26, 2015 and will include long-sleeve DryBlend t-shirt; \$30 after cutoff and on race day while shirts last; \$20 after shirts are gone. Registration also available online through Active.com (for a small fee).

All proceeds from the race benefit the Octorara Junior and Senior High School cross country and track & field teams.

Questions: contact Christian Taylor (race director) at ctaylor@octorara.org

Check payable to: Octorara Cross Country Booster Club

Mail to (along with signed waiver): Octorara High School, Attn: Christian Taylor, 226 Highland Road, Atglen, PA 19310

Last Name: _____ First Name: _____

Street Address: _____

City: _____ State: _____ Zip: _____ Gender: M F Race Day Age: _____

Date of Birth: ____/____/____ Shirt Size: S M L XL Email: _____

WAIVER: I know that running a trail run is a potentially hazardous activity. I should not enter or run unless I am medically able & properly trained. I also know that there will be debris and poor footing on the course and assume the risk for running on it. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the effects of the weather, the conditions of the trails and getting lost, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge the Octorara High School Cross Country and Track & Field Booster Club, Octorara Area School District, Wolf's Hollow Park, County of Chester Department of Facilities & Parks, all municipalities in which the event is held, the race committee, volunteers, all other organizations directly or indirectly associated with the race, any or all sponsors including their agents, employees, assigns or anyone acting on their behalf, or anyone else associated in any way with this race, from any or all claims or liability for death, personal injury or property damage of any kind or nature whatsoever arising out of, or in the course of, my participation in this event. This waiver extends to all claims of every kind or nature whatsoever; foreseen or unforeseen, known or unknown. I HAVE READ & UNDERSTAND THIS WAIVER:

Signature: _____ Date: ____/____/____