



# Makin' Bear Tracks



## 5K Run, 1 Mile Junior Run, 1 Mile Walk & Kids Fun Run

Saturday, October 24, 2015 at 9:00 am  
Registration 7:30-8:45

Start/Finish: Boyertown Junior High East Track 2020 Big Road, Gilbertsville, PA 19525

*\*\*Hosted by the Boyertown Bears Running Booster Club to provide support for the Boyertown Area School District Running Sports\*\**

### 5K COURSE HAS SOMETHING FOR EVERYONE!

The all-terrain course includes: pavement, rolling grass surfaces, grassy trail, a gradual hill near the finish, and a cinder track. **NO SPIKES PLEASE!!**

### 5K TEAM CATEGORY

Teams must have **3 runners minimum**, at least **one of whom MUST be female**. Awards for top 3 teams based on fastest average time.

### 1 MILE JUNIOR RUN

For kids over 9- who are too old for a kids run, but aren't ready for a 5k. **Awards for top 3 girls and boys!**

### 1 MILE WALK

For participants of various abilities, course will include grassy and paved surfaces.

### KIDS FUN RUN

Kids under the age of 8 run 1 lap on a cinder track

### 5K AWARDS

Top individual male and female PLUS 1st- 3rd medals in each male and female category: 14 and under, 15-19, 20-29, 30-39, 40-49, 50-59, 60+

Contact Kevin Murray [kevin.stateofmind@gmail.com](mailto:kevin.stateofmind@gmail.com)

### REGISTRATION FEES & DEADLINES

#### THE BEARS RUN 5K

- \$15 by September 4, 2015\*
- \$20 between September 5 and October 10, 2015\*
- \$25 after October 10, 2015\* (including race day)

#### 5K TEAM REGISTRATION

- Each runner registers as an individual (above)
- List team name on each registration form

#### 1 MILE JUNIOR RUN & 1 MILE WALK

- \$15 by October 10, 2015\*
- \$20 after October 10, 2015\* (including race day)

\*\*\*All registrations by October 10, 2015\* include a t-shirt. Registrations after October 10, 2015\* include a t-shirt while supplies last\*\*\*

**KIDS FUN RUN: FREE.** Parent must complete one application/child. Kids fun run does not include a t-shirt.

**ONLINE REGISTRATION: [www.active.com](http://www.active.com)**  
Deadline 10/21/2015, nominal fee applies

\* postmark date

### REGISTRATION: (Please complete and detach)

Make Checks Payable to: **Boyertown Bears Running Booster Club (BBRBC)**  
Mail Application and Check to: Wayne

\_\_\_\_\_  
(First Name)                      \_\_\_\_\_  
(Last Name)                      Birthdate: \_\_\_\_\_ Age Day of Race: \_\_\_\_\_

Address: \_\_\_\_\_ Apt # \_\_\_\_\_  
\_\_\_\_\_  
(City)                      (State)                      (Zip Code)

Email: \_\_\_\_\_ Phone: \_\_\_\_\_ Gender: M or F (Circle One)

Event (circle one) 5K 1Mile Run 1Mile Walk Kids Run                      Shirt Size (circle one) S M L XL XXL

Team Name \_\_\_\_\_ (see team requirements above)

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Boyertown Bears Running Booster Club, Boyertown Area School District, Boyertown Area Junior High East and any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown.

**I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_