



# Race 4 Linda 5K Against Scleroderma & 1 Mile Walk

Saturday, April 25, 2015 – 9AM – Hershey, PA

*A day of exercise, education, and fun!*

## LOCATION/REGISTRATION

Located at the track of the Milton Hershey School Campus.

Henry Hershey Field

635 Brook Drive, Hershey, PA, 17033

Registration/number pickup begins at 7:30 AM. 5K at 9:00 AM. 1 mile walk at 9:15 AM.

**COURSE:** Paved trail run on the beautiful grounds of the Milton Hershey campus.

**AMENITIES:** T-shirt to all who register by April 5<sup>th</sup>. "Goodie" bag for all runners and walkers. Refreshments for finishers, indoor toilet facilities, plenty of parking, time clock at finish, and instant results.

Join us after the race for food trucks, live music, and a raffle. Held rain or shine. No refunds or mailed awards. Results on [www.pretzelcitysports.com](http://www.pretzelcitysports.com) in 1-2 days.

**AWARDS:** Hand-created clay plaque of race logo for the female and male winner  
Award certificates for the top 3 males and females in each age group: 14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60+

**ENTRY:** \$25 for Early Bird if postmarked by April 5<sup>th</sup>, \$30 after and day-of (shirts provided while last)

**MORE INFORMATION:** Online registration available at [www.pretzelcitysports.com](http://www.pretzelcitysports.com). Additional fees will apply. Online registration closes at midnight the Wednesday before race day. Visit [www.race4linda.com](http://www.race4linda.com), like us on Facebook, and email us at [Race4Linda5K@gmail.com](mailto:Race4Linda5K@gmail.com). Visit [www.sfdv.org](http://www.sfdv.org) for more information on Scleroderma.

**MAIL CHECK PAYABLE TO "SFDV" (Scleroderma Foundation, Delaware Valley Chapter) & FORM BELOW TO:  
Megan Hayman, 16 Lilo Lane, Hummelstown, PA 17036**

RACE DIRECTOR: Megan Hayman, [race4linda5k@gmail.com](mailto:race4linda5k@gmail.com), [www.race4linda.com](http://www.race4linda.com)

.....Please Print Clearly.....

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Address \_\_\_\_\_ City/State \_\_\_\_\_ Zip \_\_\_\_\_

Race day age: \_\_\_\_\_ Date of birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Race (circle one): 5K 1 MILE WALK Sex: M F Phone: (\_\_\_\_) \_\_\_\_\_

Shirt Size (circle one): S M L XL email \_\_\_\_\_@\_\_\_\_\_

Already Getting Emails from Race 4 Linda? \_\_\_\_\_ Yes \_\_\_\_\_ No

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the effects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge SFDV and any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature \_\_\_\_\_ Date \_\_\_\_\_