



27th Annual Trail Run

Sponsored by Lancaster Road Runners Club

Sunday, June 21, 2015 9 a.m. | Lancaster County Central Park

Expect the unexpected!

This year marks the 27th year of the historic race in beautiful Lancaster County Central Park.

This year, we eliminated T-shirts and post race food. Each paid participant will receive a limited edition lunch box filled with tasty and healthy treats. Courses are designated for men and women. Those desiring to run the opposite course is allowed; however, they will not be eligible for awards.

REGISTRATION

Register by June 1 - \$27.

After June 1 to day of race - \$32.

Event day registration: 8 - 8:45 a.m.

AWARDS

Awards given to overall top male and female runners and to top three males and females in each age group listed below.

10* - 19.....*minimum age

20 - 29 30 - 39 40 - 49

50 - 59 60 - 69 70 +

COURSE

Same twisted start with a slight deviation and includes water crossings and the famous covered bridge water stop.

REFRESHMENTS

The first 100 men and 100 women registered will receive a lunch box filled with healthy treats.

WANT MORE?

For more information visit www.LRRCLUB.org or email race director Tim Good at tgood@brkreider.com.

ENTRY FORM

Name _____

Address _____

City _____ State _____ Zip Code _____

Phone _____

Date of Birth _____ Race Day Age _____ Male Female

Please return this form with check for \$27. before June 1
made payable to: Lancaster Road Runners Club
PO Box 7172, Lancaster, PA 17604

RELEASE: In consideration of the acceptance of this entry, I the undersigned intending to be legally bound hereby, for myself, my heirs, executors, administrators, and personal representatives, hereby waive and release any and all rights and claims for damages, illness, injuries, or losses which I have or which may accrue to me against all race officials and all organizations constructing or involved in this event, included but not limited to, Lancaster Road Runners Club, Lancaster County Central Park, West Lampeter Township, and Lancaster Township, their respective officers, directors, employees, representatives successors, assigns, and sponsors, that may result from my participation in this event. Further, I hereby grant full permission to the aforementioned persons and organizations to use my name and/or picture in any newspaper, photograph, video tape, motion picture, recording or any other account of this event for any purpose whatsoever. I understand the entry fee is non-refundable in the event that the race is cancelled due to dangerous conditions or weather, and this decision is made by the race director.

Date _____ Signature _____