

UBERENDURANCESPORTS PROUDLY PRESENTS THE 6TH ANNUAL

“Sloppy Cuckoo”

Trail 10K , 13.1 & 26.2

Pennypack Park, Philadelphia, PA

Sunday, Oct 11th 2015 8:00 A.M

New in 2015 – Trail Marathon

Supports Friends of Pennypack Park in memory of Walter Grund

"No need to run in Lederhosen to enjoy the German atmosphere at the post race party"



PENNYPACK PARK, PHILADELPHIA PA

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Yes, it may be considered cuckoo to put a trail race within the city limits of Philadelphia. Certainly a place, where one may think a trail race does not belong, but you will be surprised how many gorgeous single track trails can be found at Pennypack Park.

The Sloppy Cuckoo is completely run off public roads within the gorgeous Pennypack Park. This year we also offer a Uber10K option, which serves as a perfect opportunity for road runners or new runners to explore the world of trail running.

Even so the course is considered not too technical, there will be rocks, roots, trees to climb over, creek crossings, horse poop, sand & if it rains the week before the race, certainly some mud. So leave your new white Nikes at home. You will be supported by 6 aid stations for the half, (2 for the 6.55, carry a bottle) , including the Oktoberfest aid station (unusual carbs and snacks served by the St. Pauli girls). Post race food will be provided by 2 professional chefs (Thekla Grund, former owner of the Old Brauhaus & Linda Weiss, reason #67 why Oprah's weight is yo-yoing, I did not make this up). This is our 6 year anniversary, we have put on more than 30 trail runs over the years, so we know how to setup a great trail course. "Uberhans" will be there also to entertain you with his accordion. Not fast enough to win an age group award, dress up. We will reward the best /funniest outfits (must be somewhat cuckoo) or find one of the **hidden cuckoo eggs** along the course to win cool prizes.

REGISTRATION/ENTRY Pine Road Entry at Pennypack Park, Pine Road, Philadelphia, PA 19111. Reg. opens at 6:45 a.m., Race starts: 8:00 AM (10 AM for the 10K). Fee is \$45 for the 13.1 (\$35 for the 6.55M) postmarked by 9/1, \$50 (\$40 for the 6.55M) afterwards incl. day of race. Fee for the 26.2 is \$55 (\$60 after 8/31) More info and **online registration at**

www.uberendurancesports.com

YOU GET: Tech. shirt with no advertising, finisher award (cuckoo whistle from Germany), post race refreshments & German food prepared by 2 professional chefs, new terrific course with no traffic , 5 super motivated (2 for the 6.55) aid stations, plenty of toilets, free parking right at start/finish area. Insurance Provided by Road Runner Clubs of America .

AWARDS: Winner M & F win an authentic German cuckoo clock , 2nd & 3rd and Top M & F Masters (40 & over) win a Kuckulino desk clock sponsored by www.german-cuckoos.com

The following age groups receive a cool German weather house: Top 5 M & F: 20-29,30-39,40-49,50-59, Top 3 60+, 14-19

DIRECTIONS: To get directions use www.googlemaps.com and enter: 8750 Pine Road, Philadelphia

Race director: Stephan Weiss, stephanweiss@comcast.net, www.uberendurancesports.com 717-819-3760

More upcoming races: Sloppy Cuckoo 12 hour run 10/11 7:30AM (same day, same location)

Oktoberfest 13.1 10/25/15 9:00 Super festive German themed half in park setting, awesome course