



THE PAGODA PACERS A.C. PRESENTS

The **21st** Anniversary of the

MT PENN MUDFEST

15k (9.3 mile) Trail Run Reading, PA

Sat, April 18, 2015

10:00 AM-Reading, PA-Limited to First 400 Entries

A Pagoda Pacer Event- entry thru www.pretzelcitysports.com

After 20 years of muddy fun on the Saturday before Easter, we have had to make a change in order to stay in our new home. We will now hold this race on the 3rd Saturday of April. We will no longer follow the Easter holiday weekend. We will start and finish the race at **Mountain Springs and Captains Cove Restaurant and Bar**. The course will be similar to last years... a little mud in the very beginning and then a whole bunch of Mt Penn's infamous ROCKS.

ONLINE REGISTRATION

Sign up @ WWW.PRETZELCITYSPORTS.COM Opens Jan 1, 2015 at 12:01 AM & closes when we reach 400 runners OR by midnight, April 4th, WHICHEVER OCCURS FIRST (check pretzelcitysports.com home page regularly to see if limit was reached).

Awards Categories:

Overall 5M/5F, 18-29: 5M/5F, 30-39: 5M/5F, 40-49: 5M/5F, 50-59: 5M/5F, 60-69: 3M/3F, 70+: 2M/2F
Also: 1st & 2nd Clydesdales/Clydettes Open (18-39) and Masters (40 & over) Not eligible for age group awards

Men: your weight (in lbs.) divided by your height (in inches) must be at least 2.7 lbs./inch.

Women: same formula but your "min" is 2.15 lbs./inch.

Sign up for Clydesdale/Clydette is on race day only during packet pickup

Registration/Package Pickup: Race starts at 10 A.M. at Mountain Spring and Captains Cove Restaurant and Bar, 2619 Hill Road, Reading, PA 19606). All packet pickup occurs that morning. Pickup opens at 8:30 A.M.

Fee: \$40 if entered by midnight, 3/1/15, \$50 after that until midnight 4/4 or when we hit 400 entries; whichever happens first. Entry fee refunded (but not service charge) if canceling by 4/1/15, no refund after that. No substitutions allowed. Requests for Substitutions or for refunds after above cutoffs will be ignored. No "carry overs" to following year.

Donations: We will be accepting donations to the Berks County Conservancy during your online registration as well as before and after the race. Please help support the lands that we love to run in.

PARKING: simply put, parking is limited, (one of the reasons we lowered the number of entrants). So if you have 3 or more runners in your vehicle, you will be given priority parking spaces nearest to the start/finish line

Your Goodies? An awesome Tee is in the works all finishers will get a finishers award. Runners will get tickets for hot food plus a beverage ticket (soda, cocoa/coffee or draft beer), the usual post-race goodies will also be available for the runners (oranges, bananas, bagels....) 3-4 water stops, medical help on site, nearby parking. Results will be posted on www.pagodapacers.com about 24-48 hrs. Race is "on" in any kind of weather. Awards will not be mailed so please stick around and enjoy the great food from Captains Cove.

PLEASE NOTE: Captains Cove is a public restaurant and as such, does not allow outside food or alcohol. Pets are not allowed in the dining areas so please do not bring them.

Friends & Family: The restaurant will be open for lunch so you are all welcome to watch your runner start and finish the race and enjoy fresh food and beverages that will be available for sale. **WATCHING YOUR RUNNER:** Given the new course and that this is a trail race so there are 'limited opportunities' to view your runner beyond the start and finish but we will have maps of the race available.

Held in Memory of Fellow Pacer & one of the Original Race Co-Directors, Bill Bradley.

Directions: FROM PHILLY: DO NOT USE ANY DIRECTIONS THAT INCLUDE THE TURNPIKE, won't work with these directions: Go to King of Prussia, take 202 S & pick up Rt 422 W from the onramp toward Pottstown; take it past Pottstown to Reading . After you pass the Reading Country Club on your right, you will see Target and Giant on your right side, bear right onto Bus Rt. 422W (Mt Penn). **From the next light (M&T bank on your left) go approx 2 miles to a Y, continue to the right and in less than ½ mile, turn right onto Glen Rd just before start of bridge. At the end of Glen Rd, go right onto Hill Rd. Continue on Hill road for ½ mile and **Mountain Springs and Captains Cove Restaurant** is on your left. Our friendly staff will show you where to park. Remember car pools with 3+ runners will get you preferred parking.

FROM LANCASTER: Take Rt. 222 N. to Reading, **After passing Mall on left, bear right onto Rt. 422 East toward Pottstown (is also Rt. 222S). Stay on Rt. 422E past Lancaster Ave exit and Rt. 176 South exit until the Mt Penn Exit. Take the exit, go left at the top of ramp. Go to the 3rd light, take left onto Bus Rt. 422W and follow Philly instructs above after the **.

FROM ALLENTOWN: Bus. Rt. 222 S toward Reading (DON'T take new Reading bypass) Go 2 miles thru shopping areas. 200 yards past Pizza Hut & a Loews, go left onto Rt 12 (old Rdg Bypass). Take 2nd exit; Spring Valley Rd. Go right at end of exit. Take 2nd left (past Crab Barn) up McKnights Gap Rd. Go straight thru stop sign at top to next stop sign 25 yds ahead. Take left and then an immediate hard right up Skyline Dr. Take 1st left onto List Rd. At next intersect (List & Angola), go straight across and continue for approx. 1 mile on List Rd until it comes to a T, turn right onto Hill Rd and go for 0.7 miles, **Mountain Springs and Captains Cove Restaurant** will be on your right. Car Pool w/ 3 runners in your car and get preferred parking!

FROM LEBANON OR COAL REGION: Leb: Take 422 east and follow Lancaster directions above after **
Coal Region: take Rt 61S or Rt 183S to Rt 222S, take RT 222S to 422E, follow Lancaster directions above after **.

Questions? Contact Ken Seale at mudfestdirector@pagodapacers.com or at 610-488-8475

Co-Directors are: Beth Auman, Jeff Merritt and Erik Leeds

App also viewable on www.pagodapacers.com and www.pretzelcitysports.com

Insurance Provided By Road Runner Clubs of America

[Click here to go directly to online registration](#)