# **Race Registration Form**

Name	
Address	
City	
State Zip	Phone
Email	
Age (on race day)	_ Gender

T-Shirt Size (Circle one): S M L XL XXL

(Only registrations received by 5/1/16 are guaranteed shirts.)

#### Fees

#### Early-Registration (Received by 4/15/16)

□ 5K Run Individual - \$30
 □ 5K Walk Individual - \$30
 □ 5K Run Team of 4 - \$120
 □ My pet will participate with me

#### Registration (Received after 4/15/16)

5K Run Individual - \$35	5K Walk Individual - \$35
☐ 5K Run Team of 4 - \$140	My pet will participate with me

#### **Team Registration**

Team Captain	
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Team Name \_\_\_\_\_

Please make checks payable and mail to: Cetronia Ambulance Corps, Attn: DEVELOPMENT 4300 Broadway, Allentown, PA 18104-9564

 Race Fees \$ \_\_\_\_\_

 Additional Donation \$ \_\_\_\_\_

Total Amount Enclosed \$\_\_\_\_\_

Online registration is available at: www.active.com Keyword "Cetronia Ambulance" Online registration will close on 5/19/16

I hereby covenant not to sue and do release, waive, and discharge Cetronia Ambulance Corps, Inc., Lehigh County, the Bar Association of Lehigh County, and all sponsors and personnel involved in the walk/run ("Race Entities") from any and all liability, claims, demands, and causes of action arising out of or relating to any loss, damage, or injury, including death, that may be sustained from or regarding my participation in this event. I make this release and waiver of liability regardless of whether the loss, damage, and/or injury is caused in whole or in part by the negligence of any of the Race Entities. I attest that I am physically fit and prepared for this event AND KNOWINGLY AND VOLUNTARILY ASSUME FULL RESPONSIBILITY FOR ANY LOSS, DAMAGE, OR INJURY, INCLUDING DEATH. I am aware that my name/address may be made available to other organizations related to this event. I grant full permission for the Race Entities to use photographs of me in accounts and promotions of this event.

I understand that any and all pet(s) that I bring with me to the walk/run must be on a leash at all times, that I must keep control over any and all pets that I bring with me, and that I may be asked to leave if my pet(s) demonstrates any aggressive behavior toward other pets or people. I further understand that I am liable for any claims, demands, and causes of action arising out of or relating to any loss, damage, or injury, including death, that may be sustained from or regarding my failure to keep control over my pet(s). I certify that my pet(s) is up to date on all shots and vaccinations.

By signing this release, I acknowledge and represent that I have read and fully understand it.

#### Signature \_\_\_

(If under 18, must be signed by parent or guardian)

Endorsement Sponsor





EMBASSY BANK

#### Print Sponsor



Friends of Andy Sponsor

Thank you to our sponsors!



"Celebrating 60 years of outstanding service, dedication to saving lives and partnering with our community"



Administration: 610-398-0239 Medical Transport & Non Emergencies: 610-395-6833 Emergencies: Call 9-1-1

www.cetronia.org

# The Great Ambulance Chase

5k Run/Walk and Dog Walk

Saturday, May 21, 2016

at Cedar Creek Parkway West

# Race begins at 8:00 AM

Rain or Shine



Benefitting Youth & Community Education Programs offered by Cetronia Ambulance Corps

www.cetronia.org

Date \_

#### **Schedule of Events**

7:00—7:30 AM	5K Registration/Packet Pick-Up
7:45—7:55 AM	Pre-Race Announcements (Racers report to starting line)
8:00 AM	5K Run Begins
8:10 AM	5K Walk Begins
9:00 AM	5K Awards Ceremony & Raffles
10:00 AM—12:00 PM	Ambulance Corps Open House

Join us for facility tours, equipment and vehicle displays, police and fire K9 demonstrations featuring "Judge" of Allentown Fire Department and "Toon" of the Upper Macungie Police Department, and representatives from Project Breathe which supplies pet oxygen masks.

#### **Race Director**

Larry Wiersch Phone: 610-530-5502 Fax: 610-395-5028 Email: wierschl@cetronia.org

#### **Race Location**

Cedar Creek Parkway West 4200 Broadway Allentown, PA 18104

# Parking and Race Day Information

Look for signs and volunteers on race day; they will direct you to available parking and registration. Running strollers and dogs are permitted in the 5K walk and run. Pets must be leashed and licensed. Owners are responsible for cleaning up after their pets. Bibs will be provided to participants of the 5K run only.

### **Sponsorships**

Sponsorships from \$500 - \$5,000 are available. Individuals and businesses can become supporters and sponsors for this event by contacting Caitlin Stibitz at **610-530-5511** or **stibitzc@cetronia.org** 

Cetronia Ambulance Corps is a non-profit, member-supported organization. All donations are fully tax deductible. If you would like to make a contribution, you can do so online at

### **Online Registration**

Online registration is available at:

**www.active.com** — *Keyword "Cetronia Ambulance"* Online registration will close on 5/19/16. You can also register by mail. To do so, complete the attached registration form and send it in along with your payment.

# **Team Registration**

Teams of 4 can be entered in the 5K run. Awards will be given to the team with the fastest combined time. All teams must be registered by 5/19/16. Please indicate your Team Name and Captain Name on your registration form. For information on how to become a Team Captain, please contact the race director.

### **Race Day Registration**

Be sure to register early! Only those registered by 5/1/16 will be guaranteed to receive a t-shirt. Registrations will be accepted on race day. Please plan to arrive by 7:00 AM if you are not preregistered. Forms filled out in advance are appreciated, however, blank ones will be available. Only cash and checks will be accepted the day of event.

#### **Early Packet Pick-Up**

Pre-registered participants can pick up their race packets between the hours of 8:00 AM and 5:00 PM May 18th - 20th at the Cetronia Ambulance Corps facility located at 4300 Broadway, Allentown, PA 18104. Race packets will also be available for pick up between 7:00 - 7:30 AM on race day.

# **Drive 4 UR Community**

Cetronia Ambulance Corps has partnered with Haldeman Ford of Kutztown to host a "Drive 4 UR Community" event in which people can test drive several Ford models. The "Drive 4 UR Community" event will be taking place at the Cetronia Ambulance Corps facility the week of May 16th. When you pick up your race packet, we encourage you to test drive a brand new Ford! For every person that participates in the test drive, Ford will make a donation to Cetronia Ambulance and its education programs.

#### Awards and Recognition

Awards will be given to the top 3 male and top 3 female overall finishers in the 5K run. These will not be included in the age group awards listed below. Age group awards will be given to the top male and top female finisher of the 5K run in each category: 18 and under, 19-29, 30-39, 40-49, 50-59, 60 and older. Team awards will be given to the team with the fastest combined time in the 5K run. All participants of the 5K walk will be entered in a raffle to win either a classroom pizza party with "Andy the Ambulance" or CPR certification class for up to 10 people.

# Why Support Cetronia Ambulance Corps and its 5K Run & Walk?

Cetronia Ambulance Corps has a proud 60-year history of providing emergency medical services to residents in the Lehigh Valley. As the regional leader in EMS, Cetronia responds to nearly 65,000 calls for service and more than 250 special events, stand-bys and educational programs annually; operating the only nationally accredited and High Performance EMS system in Eastern PA. As a non-profit, 501(c)3 organization, Cetronia relies on grants, donations, subscriptions and users fees to support its critical role in the regions public safety system.

Cetronia Ambulance Corps is dedicated to the ongoing education of its employees, volunteers, youth and neighbors who benefit directly from our programs. Now in its 5th year, momentum for the "Great Ambulance Chase" continues to grow, along with the demand for community education programs. In addition to utilizing "Andy the Ambulance" to teach the littlest members of our communities, we have seen an increased interest from various community and vouth groups to learn life-saving skills such as CPR. AED, oxygen administration, basic and advanced first aid, as well as to become a certified Emergency Medical Responder (which can be obtained as early as age 14). Programs like these are essential to helping Cetronia continue their life-saving mission as a non-profit community based public health and safety partner that serves the needs of nearly a guarter million residents living and working in the Lehigh Valley.

Since 1955. Cetronia's commitment to "Health on Wheels" has made the difference between life and death for countless families in our community. Over the last year, Cetronia has experienced great growth in its efforts to build the future of pre-hospital emergency care and education for the Lehigh Valley. In order to fully meet the needs of our growing community, we are expanding our education and outreach programs for both community and healthcare/emergency personnel. Cetronia's new state-of-the-art education center is utilized to educate our community, train future EMS providers and help ensure clinical excellence by providing ongoing education and training opportunities for current EMS personnel throughout the Eastern PA region. All proceeds from the 5<sup>th</sup> Annual Great Ambulance Chase 5K Run & Walk will be used to support our education programs and for the technology and equipment utilized in our education center.

To learn more about how you can support Cetronia Ambulance Corps, please visit us online at www.CETRONIA.org. For run & walk or sponsorship information, contact Larry Wiersch at 610-530-5502 or wierschl@cetronia.org.