



Friends for Life



5K Run/Walk & Kids 1/2 mile Run

All proceeds benefit ACS Relay for Life of Boyertown

When: Sat., June 4, 2016 at 9:00 am (Register 8-8:45AM) Rain or shine

Where: Begin at Washington Township Park, located at Victoria Dr. & Niantic Rd., Barto, PA 19504

Course: 5K course. Beautiful country roads, two slight inclines otherwise flat course. Strollers welcome. No pets please. Refreshments and snacks provided after the race. No refunds.

Entries for Run or Walk: If postmarked by May 27th, 2016 fee is **\$20** including **cotton t-shirt** or **\$26** for **dri-fit tshirt** for all pre-registrations. After May 26th, 2016 including race day, fee is **\$25** while shirts(cotton only) last, \$18 when they're gone. Optional Online Registration Available at www.pretzelcitysports.com (nominal service fee applies, closes at midnight, the Wed. before race day).

Kids Fun Run: Registration for the Kids 1/2 miles Kids Fun Run (12 years and under) =**\$8.00 prizes & goodie bag by May 27th**. No shirts given for Kids Fun Run. Fun Run will take place in the grass at the Washington Township Park after the race.

Awards: Top Overall Male and Female plus 1st-3rd medals in each male and female run category: 13 & Under, 14-19, 20-29, 30-39, 40-49, 50-59, 60+

Directions: From Reading: Follow Reading Ave (Rt. 562) or Rt. 73 into Boyertown continue on N. Reading Ave until Rt. 100 N. Take Rt. 100 N to Washington Elementary/Niantic Rd. Turn right onto Niantic Rd. Washington Township Park is on the left diagonal from school.

Make checks payable to: **Friends for Life**

Mail check & form below to: **Kathy Drury, 11 Wilt Rd., Bechtelsville, PA 19505**

Contact info: **Kathy Drury at 610-754-0686 or email friendsforlife5k@gmail.com**

Waiver and Release: Please read prior to signing race entry form. I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the effects of weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Washington Township, Friends for Life, and Relay for Life, and any sponsors or volunteers for any and all claims or liability for death, personal injury, or property damage of any kind related to the run. This waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. I HAVE READ AND UNDERSTAND THIS WAIVER.

Name: _____ **Parent Name** (If Child Applicant): _____

Street Address: _____ **City/State:** _____ **Zip:** _____ **Circle**

Phone: _____ **Gender:** M or F **Birthdate** __/__/____ **Age on Race Day**__ **5K/Fun Run**

Shirt Size (circle one): S M L XL **Cotton or Dri Fit** **Email:** _____@_____

Signature (If entry under 18 parent must sign) _____ **Date:** _____