

LOCATION/REGISTRATION: Starts at Levitt Pavilion SteelStacks, Founders Way & E. 1st St., Bethlehem. Regist./ number pickup opens at 7:30 a.m. 5k starts at 8:30 a.m., family event at 10:30 a.m. T-shirt to all pre-registrants of 5K & race-day entries while supplies last. Clock at finish, instant results. Rain or shine. No refunds or mailed awards.

COURSE: 5K Certified Course across the Fahy Bridge spanning the Lehigh River.

AWARDS: 5K: Separate awards for the male and female winners and runner-ups plus: 18 & under: 3M, 3F 19 – 29: 3M, 3F 30 – 39:3M, 3F 40 – 49: 3M, 3F 50 – 59: 3M, 3F 60 +: 3M, 2F Note: Kids participating in both the 5k & fun run must enter twice

ENTRY: 5k: \$35 if postmarked by Sat, May 28, 2016. Afterwards, plus race day, \$45 while shirts last, \$40 when gone. Family Fun Run: \$15 if postmarked by May 28, 2016. Afterwards, inc. day of race, \$20. No shirts included for family event due to reduced fee. Available to purchase. (Fees reflect use of promo code PretzelCity for online registration)

DIRECTIONS FROM NJ, NY and points East: Take I-78 W. to Exit #67 (Hellertown/Bethlehem). Follow Rte. 412 North. Turn right on Founders Way. Go Straight. You will pass the Artsquest building on your right. Parking will be to the left.

DIRECTIONS FOR ALL OTHERS: From Route 22, Take PA–378 S. toward Bethlehem. Turn left onto W. 3rd St. Turn Left on Founders Way. Go Straight. You will pass the Artsquest building on your right. Parking will be to the left.

Optional online registration available at https://secure.qgiv.com/event/llpsuperhero5k/ (nominal processing fee applies, closes at Wed, June 1st at midnight) Use promo code PretzelCity to receive \$10 off

MAIL CHECK PAYABLE TO "Live Learn and Play, Inc." & FORM BELOW TO: Live Learn and Play, Inc., PO Box 206, Emmaus, PA 18049. Race Director: AJ Krieger: (610) 751-8003, akrieger04@gmail.com

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and Live Learn & Play, Inc., any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volumeers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission Live Learn & Play, Inc. to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)