

Rustic Xtreme

5 Mile Challenge Run

Finishing is up to you!

Sunday, Sept 18th, 2016

Breakaway Sports will be holding a challenging 5 mile adventure run that will see competitors going through **creeks, tunnels, and moats with super mud** that will steal your shoes. You will be **crossing a creek on cables**, scaling short climbs so steep, you either **claw your way up or use the installed ropes** to help get you to the top. And if that's not enough, our staff will be adding a **few extra obstacles**, just for the **enjoyment of the spectators**. The race takes place at Rustic Park in Birdsboro, PA. If you're looking to truly challenge yourself over a 5 mile course, do the **Xtreme**.

Xtreme Details

Pre-Registration: Deadline is Sept 13th. Includes long sleeve tech shirt.

Race goods: Long Sleeve Tech Race shirt and other goods, plus hot catered food.

Race day registration: 8:30-9:30am. (Pre-race meeting at 9:45am)

Race start: 10am

Race details: 5 mile trail run with the lots of challenge and continuous natural and manmade obstacles.

Awards: 15-18, 19-29, 30-39, 40-49 and 50+. (Ages 17 and under require parent's signature)

Entry fee: \$35 - includes long sleeve tech shirt if Pre-registered.

Kids Challenge Run: 1 mile with creek crossings and obstacles. (Starts right after the 5 mile finish)

Awards: 10 and under, 11-14 (Minimum age 8)

Kids Run entry fee: \$15 - includes tee shirt – ONLY if pre-registered

Directions: Find your way to Birdsboro, PA. Then, at the intersection of Rte 724 and Rte 345, take North Furnace St, which becomes Hay Creek Rd for 1 mile to Rustic Park. You can't miss it.

<http://www.birdsboropa.org/>

If you have any questions, please call 610-413-8772 or email bulrich1@aol.com.

www.makebreak.com

Race photos on our facebook page "Breakaway Sports-makebreak.com"

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Look what's in it for you

WEEU
The voice of Berks County
and beyond.

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WAIVER / HOLD HARMLESS CONTRACTUAL AGREEMENT: By signing this contractual agreement I acknowledge the fact that participating in the Rustic Xtreme Challenge Run is a potentially hazardous activity and I am competing with full knowledge of all potential risks and injuries. I will not enter and race unless I am medically able and properly conditioned and trained for the level of competition that I aspire to. I also know that, although, some safety protection via course officials will be provided, there can be many hazards on the course route. I also assume any and all other risks associated with this event including but not limited to falls, contact with other participants, the affects of weather, including high heat and or humidity, the condition of the roads and all risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry, I hereby for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf, convenient not to sue, and waive, release and discharge Breakaway Sports, Officials of the event and any other sponsors or associated organizations, including their Police Department; Race Officials, Volunteers, or any of the employees, agents, assignees or anyone acting on or for their behalf, from any and all claims or liability for death, personal injury or property damage of any kind or nature whatsoever arising out of, or the course of, my participation in this event known as the Rustic Xtreme. All costs incurred for medical assistance, be it ambulance, hospital, etc., is my sole responsibility and my financial liability. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. The undersigned further grants full permissions to the race organizers, sponsors, producers, and directors and or agents authorized by them, to use any photographs, videotapes, motion pictures, sound recordings, or any other record of this event for any purpose, be it promotional for remuneration to the aforementioned parties, without financial or other compensation or royalties to the event participant named herein. Applicants understanding and agreeing to this Waiver / Hold Harmless Contractual Agreement as specified herein and the rules of the event and decision of race officials should sign the entry form on the space provided below. I also agree that I am signing this contract and am competing for consideration of medals, awards and or prizes as named for the event.

Signature of Participant: X _____

Date: _____

Signature of consenting adult if under 18 years of age: _____

Participant Information – Please Print LEGIBLY

Last Name: _____ **First Name:** _____ **MI** _____

Address: _____

City: _____ **State:** _____ **ZIP:** _____

DOB: _____ **AGE:** ____ **SEX:** ____ **Phone #:** _____ **Email:** _____

Circle one: 5 Mile Xtreme or 1 Mile Kids Run

PLEASE CIRCLE DESIRED SHIRT SIZE: XS S M L XL XXL

**Checks: \$35 for 5 Xtreme or \$15 for Kids Run: Entry check payable to: Breakaway Sports
and mail entries to:**

BREAKAWAY SPORTS Rustic Xtreme @ PO BOX 631, SHILLINGTON, PA 19607

Question call: 610-413-8772, or email us at: bulrich1@aol.com, or access our web site at: <http://www.makebreak.com>