



Rustic Rage

Off-Road Duathlon and Relay

Finishing is up to you!

Sunday, May 22nd, 2016

Breakaway Sports will be holding an off-road duathlon that will be a bit more adventurous than your average du. You will get wet and dirty. This race is for individuals and 2 person teams, with one member doing both run legs and the other doing the Mt biking. The race takes place at Rustic Park in Birdsboro, PA.

Pre-Registration: Pre-registration deadline is May 15th.

Pre-reg goods: Tech Race shirt and other goods, plus hot catered food at the finish.

Race day registration: 7:30-8:45am.

Race starts at 9am

Race details: 3 mi Trail Run/ 10 mi Mt Bike/ 3 mi Trail Run

Awards/ categories:

Individuals- 14-17 with parent signature, 18-29, 30-39, 40-49 and 50+.

Team Divisions: Coed, Male, Female and Masters (both members 40+).

** Coed masters only if more than 3 teams.

- 1st place in each category/ division.
- 2nd and 3rd place based on number of pre-registered - 5 and 10, per category respectively).

Entry fee: \$40 for individuals, \$60 for teams.

Directions: Find your way to Birdsboro, PA. Then, at the intersection of Rte 724 and Rte 345, take North Furnace St, which becomes Hay Creek Rd for 1 mile to Rustic Park. You can't miss it.

<http://www.birdsboropa.org/>

If you have any questions, please call 610-413-8772 or email bulrich1@aol.com.

www.makebreak.com

Race photos on our facebook page "[Breakaway Sports-makebreak.com](https://www.facebook.com/BreakawaySports-makebreak.com)

Rustic Rage

Off-Road Duathlon

Sunday, May 22nd, 2016

WAIVER / HOLD HARMLESS CONTRACTUAL AGREEMENT: By signing this contractual agreement I acknowledge the fact that participating in the Rustic Rage Off-Road Duathlon is a potentially hazardous activity and I am competing with full knowledge of all potential risks and injuries. I will not enter and race unless I am medically able and properly conditioned and trained for the level of competition that I aspire to. I also know that, although, some safety protection via course officials will be provided, there can be many hazards on the course route. I also assume any and all other risks associated with this event including but not limited to falls, contact with other participants, the affects of weather, including high heat and or humidity, the condition of the roads and all risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry, I hereby for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf, convenient not to sue, and waive, release and discharge Breakaway Sports, Officials of the event and any other sponsors or associated organizations, including their Police Department; Race Officials, Volunteers, or any of the employees, agents, assignees or anyone acting on or for their behalf, from any and all claims or liability for death, personal injury or property damage of any kind or nature whatsoever arising out of, or the course of, my participation in this event known as the Rustic Rage Off-Road Duathlon. All costs incurred for medical assistance, be it ambulance, hospital, etc., is my sole responsibility and my financial liability. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. The undersigned further grants full permissions to the race organizers, sponsors, producers, and directors and or agents authorized by them, to use any photographs, videotapes, motion pictures, sound recordings, or any other record of this event for any purpose, be it promotional for remuneration to the aforementioned parties, without financial or other compensation or royalties to the event participant named herein. Applicants understanding and agreeing to this Waiver / Hold Harmless Contractual Agreement as specified herein and the rules of the event and decision of race officials should sign the entry form on the space provided below. I also agree that I am signing this contract and am competing for consideration of medals, awards and or prizes as named for the event.

Signature of Participant: X _____

Date: _____

Signature of consenting adult if under 18 years of age: _____

Participant Information – Please Print LEGIBLY

Last Name: _____ **First Name:** _____ **MI** _____

Address: _____

City: _____ **State:** _____ **ZIP:** _____

DOB: _____ **AGE:** _____ **SEX:** _____ **Phone #:** _____ **Email:** _____

Circle one: **Individual** or **Team**

Team Name: _____ **Division:** _____

PLEASE CIRCLE DESIRED SHIRT SIZE: XS S M L XL XXL

Checks: \$40 for individuals and \$60 for teams. Entry check payable to: Breakaway Sports
and mail entries to:

BREAKAWAY SPORTS Rustic Rage @ PO BOX 631, SHILLINGTON, PA 19607

Question call: 610-413-8772, or email us at: bulrich1@aol.com, or access our web site at: <http://www.makebreak.com>