# Race Registration Form

Run Information: (Check appropriate box) [ ] 5K Run registered on or before 10/08 (\$20) [ ] 5K run registered after 10/08 (\$25)

Shirts guaranteed if registered by 10/08, afterwards and race day, shirts available while supplies last.

**Shirt Size:** (One shirt per registrant, additional shirts \$10. Please indicate # of shirts)

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#### **Runner's Information:**

Last Nam	e:			
First Nam	ie:			
[] Male	[]	Female	Age on Race Day:	
Address:				
City:			State:	_
Zip:		email:		

In consideration of your permitting me to participate in this event, on behalf of myself, my heirs, executors, administrators, successors and assigns, I hereby waive and release all rights and claims for damages which I may have against you or your assigns, the municipalities in which the event occurs, or anyone connected with the event, their heirs, executors, administrators, successors, and assigns including the Delaware Valley Christian Camp, for any and all injuries or illnesses which I may suffer as a result of taking part in the event. I grant my permission to use my name or any audio or visual recording for any lawful purpose.

NOTE: Volunteers will be on hand to guide participants, but roads will be open to traffic.

I have read & understand the above waiver.

Parent's Signature if under 18 years of age:

Date:

Please mail completed form no later than 1 week prior to race day, with payment to:

> Kim Redden, c/o Manatawny 5K 33 Camp Rd, Douglassville, PA 19518

Make checks payable to: "Delaware Valley Christian Camp"

# Same Day Registration

Race Day Registration begins at 8:00 am in the lower floor of Garrett Hall

\$25 for 5K Run/Walk

T-shirts available while they last

Awards will be given to the top three (3) male and top three (3) female finishers, and the top three (3) finishers in each of the following age groups, both male and female: U14, 15-18, 19-24, 25-29, 30-34, 35-39, 40-49, 50-59, 60-69. 70 and over.

# **Online Registration**

Register online at http://www.pretzelcitysports.com Nominal service fee applies, closes midnight, Wed. (10/19/16)

### Course details

The course features a mixture of road, field and cinder trail running with modest hills. The start of the race will be just outside of the main gathering building of the camp, Garrett Hall. After starting on a paved road, runners will run around a small field, a cinder trail, and an orchard, nearing Camp Manatawny creek before running on Camp Road. The route returns to the camp through its main road, encountering a slight hill before the finish line by the main office.

For other questions, please contact Kim Redden at redden bk@gmail.com, or 610-246-7263.

### Post Run/Walk Amenities

Refreshments will be provided at finish line



# 5K Trail/Run/Walk

All ages and ability levels welcome! Race begins and ends at Camp Manatawny, between Reading and Bovertown just off Rt. 562

# Saturday, October 22, 2016 9:00 AM

Camp Manatawny Near Yellow House, PA

Benefitting the Delaware Valley Christian Camp

Professionally timed by Pretzel City Sports **Rain or Shine Event** 

### **Registration Fees**

Walk-in registration 8:00-8:50 on race day

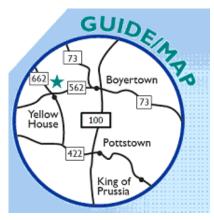
\$20 for registration postmarked by 10/08

\$25 for registration after 10/08 and race day

# **Directions to Camp Manatawny**

The camp is located approx. 10 miles east of Reading and 5 miles west of Boyertown off of 562. It is 1 mile from the Yellow House Inn.

Its address is 33 Camp Rd, Douglassville, PA 19518



- From Pottstown: Follow Rt. 422 WEST to 662 North for about 3 miles. Turn right onto Old Airport road and stay on it until you reach 562. Turn left, and Camp Road will be about 0.6 miles on the right.
- From Reading: Take Franklin Ave and bear right onto Perkiomen Avenue. Turn left onto St. Lawrence Avenue (562). Camp Road will be about 8 miles on the left
- From points North: Take Rt. 662 South toward Yellow House. Turn Left onto 562. Camp Road will be about a mile on the left.
- From points East: Follow Rt. 73 West through Boyertown. Take a left onto Rt. 562 West. Camp Road will be about 6 miles on the right.

**Once on Camp Road:** Take the first road on the right, about 300 yards from Rt. 562. Stay on this road to the parking areas. Parking will be where indicated on race day, about 100 yards from the start of the race.

# **About Camp Manatawny**

Camp Manatawny is a private Christian camp operated by Delaware Valley Christian Camp, an association of members of churches of Christ. A Board of Directors, elected from the membership of DVCC, oversees all aspects of the Camp, including the facilities, policies, programs and finances throughout the year. Each week long session is managed by a volunteer director who assembles a volunteer staff intent on making each camper's experience as rewarding as possible.

The camp is open to young people of all races, nationalities and religions.

Manatawny exists to provide a wholesome and enjoyable camping experience that helps develop young people spiritually, mentally, physically and socially in the steps of Jesus. (Luke 2:52)

Camp Manatawny is a special place! It has a great history of rich experiences, lasting friendships and meaningful learning. Some of the activities planned during the various sessions include: Bible classes, swimming, crafts, archery, gun safety & target shooting, hiking, athletics, group games, horseback riding, daily worship and more. For more information, visit www.manatawny.org.

Camp facilities are available for rent year round! Call 610-689-0173 for more information.



Impacting Lives for Christ