

Sponsors



Sponsorships still available

Ephrata Recreation's Mission Statement:

"To improve the quality of life by providing wholesome, affordable recreation opportunities to the citizens of the Ephrata area"

SAVE THE DATE...

39th Annual



July 4th 2016

Spring 5K FAQ's

- No Pre Race packet pick up
- Race Day Registration begins at 4 pm on the EASD Track—located beside the Ephrata Rec Center
- Race Location: starts on EASD Track
- Prizes will not be mailed
- All the proceeds go towards Ephrata Recreation Center youth programs
- T Shirts are guaranteed for those SERIES registrations received BY 3/18/16
- T Shirts can be purchased day of race for \$10 while supplies last

3rd
Annual



Sunday
Evenings!!!
5 PM Start

Ephrata Rec Ctr's Spring 5K Series

April 3
May 1
June 5

717-738-1167
www.ephratarec.com



3rd Annual **Ephrata Rec** 

Spring 5K Series

● Sunday EVENINGS, April 3 - May 1 - June 5

| Race Registration | \$\$\$ | Deadline |
|--|--------|--|
| Series (all 3 races - guaranteed shirt) | \$50 | Registration Received by 3/18/16 |
| Series (all 3 races— no guaranteed shirt) | \$50 | Registration Received by 4/1/16 |
| Pre Registered Individual Races (no shirt) | \$20 | 4/1 for April race 4/29 for May race 6/3 For June race |
| Day Of Registration for each race (no shirt) | \$25 | Day of Race |



- Races begin at 5 pm (registration begins at 4 pm)
- Awards for Top Two Male & Female of each age group.
- Post race snacks
- Pre Register at the Rec or go to pretzelcitysports.com

T-shirt included for series registrations received by March 18, 2016



Spring 2016 5k Series Registration Form

Name: _____

Address: _____

City: _____ St: _____ Zip: _____

Email: _____

DOB: _____ Phone: _____

Gender: M or F Age on Race Day: _____

Check appropriate:

_____ I will run all three races (4/3, 5/1, 6/5)

T-shirt (circle one) S M L XL 2XL

Series Reg. must be received by: March 18
For T-shirt guarantee

Will only run: ___ 4/3 ___ 5/1 ___ 6/5

In consideration of the acceptance of this entry, I, the undersigned, intending to be legal bound hereby, for myself, my heirs, executors, administrators and personal representatives, hereby waive and release any and all rights and claims for damages, illness, injuries or lessees which I have or which may occur to me against all race officials and organizations conducting or involved in this event including, but not limited to, the Ephrata Recreation Center, the Ephrata Church of the Brethren, the Ephrata Area School District and/or the Borough of Ephrata, their officers, directors, employees, representatives, successors, volunteers and assignees, that may result from my participation in this event. Further, I hereby grant full permission to the aforementioned person and organizations to use my name and/or picture in any newspaper, photography, video tape, motion picture, recording or any other account of this event for any purpose whatsoever. I understand the registration fee is non-refundable.

Date: _____

Signature: _____

Signature of legal Guardian required if