

EXETER TRACK & FIELD BOOSTERS PRESENTS THE INAGURAL DON SELTZER 5K RUN

& 1 MILE KIDS FUN RUN

Sat, June 18, 2016 - 9 AM - Reading, PA
Exeter High School Stadium

Proceeds of the race go to purchase a new timing system for the track program

LOCATION/REGISTRATION: Starts at Exeter High School, 201 E 37th St, Reading, PA; Registration/number pickup at stadium starting at 7:30 AM. 5K at 9:00 AM, Kids Run at 9:45 AM.

COURSE: wheel measured course; ROLLING COURSE IN REIFFTON AND ON EXETER SCHOOL CAMPUS WITH FINISH ON TRACK.

AMENITIES: T-shirt to all preregistrants of 5K, while available; Refreshments for finishers, indoor toilet facilities, loads of parking, time clock at finish and instant results. Held rain or shine. No refunds or mailed awards. Results on www.pretzelcitysports.com in 1-2 days.

AWARDS:

5K: Separate awards for the male and female winners plus:

14 & under: 3M, 3F 15-19: 3M, 3F 20-29: 3M, 3F 30-39: 3M, 3F 40-49: 3M, 3F 50-59: 3M, 3F 60-69: 3M, 3F 70+: 1M, 1F

1M Kids Race for 12 yrs old & under: Top 3 Males & Females overall plus: Ribbons for all finishers of Kids race.

Note: Kids participating in both the 5k & fun run must register for each race separately.

ENTRY: For 5K: \$20 if postmarked by June 3, 2016. Afterwards, inc. day of race, \$25 while shirts last, \$18 when gone.

For kids 12 yrs. Old & Under Fun run, \$5 if postmarked by June 3, 2016. Afterwards, inc. day of race, \$7. Also, no shirts for kids due to reduced fee.

GENERAL DIRECTIONS FOR ALL: From KOP / Pottstown / Douglasville Area: Rt 422 W to Reading. After you pass the Reading Country Club on your right, you will see Target and Giant on your right side, bear right onto Bus Rt. 422W (Mt Penn). Turn Right at 37th St. Exeter High School is ¼ mile on the right. From Reading take Rt 422E to Mount Penn Exit. Turn left at top of ramp. Turn left on Perkiomen Ave. Turn Right at 37th St. Exeter High School is ¼ mile on the right. Parking is in the rear of the building.

Optional online registration available on www.pretzelcitysports.com
(nominal processing fee applies, closes at Wed, June 15th at midnight)

MAIL CHECK PAYABLE TO "Exeter Track and Field Boosters" & FORM BELOW TO: ETF 5K Run, 4720 WILLIAMS AVE.,
READING, PA 19606. RACE DIRECTOR: Matt Ruth: (610)370-1071, mjruth@ptd.net

.....Please Print Clearly.....

Last name _____ First name _____

Address _____

City/State _____ Zip _____ Race day age: _____ Date of birth ____ / ____ / ____

Race (circle one): 5K KIDS Fun Run Sex: M F Phone: (____) _____ A.M. or P.M.??

Shirt Size (circle one): S M L XL email _____ @ _____

Already Getting Emails from Pretzel City Sports Regularly?? _____ Yes _____ No

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Reading Area Community College and any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

signature _____ date ____ / ____ / 2016