



**LONDONDERRY SCHOOL**  
1800 Bamberger Rd. Harrisburg, PA 17110  
717-540-0543

# LONDONDERRY SCHOOL 5K & FUN RUN

## MAY 7, 2016 CITY ISLAND, HARRISBURG

**WHO:** Runners, joggers, walkers of all ages. Gather your family and friends. Walkers are also invited to participate in the Fun Run, which is 1 lap around City Island. The course is stroller accessible.

**WHAT:** Londonderry 5K & Fun Run is an annual spring fundraiser to benefit Londonderry School. Londonderry’s “Children First” policy makes the school affordable to as many families as possible.

**WHERE:** City Island, Harrisburg, PA - 5k consists of 1 loop around City Island, cross Walnut St. bridge, exit right to Riverfront park, top level/lower level. Back over Walnut St. bridge to Carousal Pavilion (start & finish).

**WHEN:** Saturday, May 7, 2016

9:00 a.m.—Registration Begins

10:00 a.m.—5K Run begins

10:10 a.m. —Fun Run begins

11:00 a.m. —5K Awards & Fun Run recognition

**5k AWARDS:**

Top overall Male and Female and then top 3 male and female in each of the following age groups:

19-29, 30-39 years, 40-49 years, 50-59 years, 60+ years.

**Fun Run**– Given to all finishers 18 years or below, while supplies last

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**HOW:**

**5K Registration:** Visit [www.pretzelcitysports.com](http://www.pretzelcitysports.com) \$25 payment by April 1<sup>st</sup>, \$30 after April 1<sup>st</sup>. No mail-ins accepted. T-shirt guaranteed to all 5k participants pre-registered by April 1 . Afterwards and including Race Day, shirts available while supplies last,

**Fun Run Registration:** Visit <http://funrun.thelondonderryschool.org> \$25 individual or \$50 family payment (t-shirts given to children only). \$30/individual and \$75/Family after April 1<sup>st</sup>. Fun Run mail-ins send to: Londonderry School 1800 Bamberger Road Harrisburg, PA 17110

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Circle One: Adult Child Day of Race Age: \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Sex: M F Shirt Size: YS YM YL S M L XL 2XL

**Waiver & Release:** In consideration of being permitted to participate in Londonderry 5K & Fun Run, I agree to assume all risks inherent in participation in such event, whether they are apparent to me or not. I certify that I am in good physical health and fit to participate. Nevertheless, I acknowledge that participation carries an inherent risk of injury to my person and damage to my property. I hereby waive and release, for myself and for my heirs and assigns, any and all claims, causes of action, or liabilities which may hereafter accrue against Londonderry School, and its affiliates, their agents, employees, volunteers, officers, directors, successors, and sponsors and their affiliates, of and from any and all liability for injury, death, or damages and/or any other claims, demands, losses or damages, incurred by me in connection with any aspect of the 5K & Fun Run. Further, I hereby grant full permission to any and all of the foregoing to use any photographs, motion pictures, recordings, or any other record of these event for any legitimate purpose, including commercial advertising, without monetary payment to me.

Signature of Participant and/or Guardian of Minor: \_\_\_\_\_ Date: \_\_\_\_\_

**To register for Fun Run: <http://funrun.thelondonderryschool.org>**