Join LPPD & enjoy this family friendly sprint adventure race in beautiful Brightbill Park. Awards will be provided to those who've placed in various categories.



#### **DIRECTIONS:**

From Jonestown Rd (Rt. 22) turn north onto Carolyn St (at Hoffman Ford) and proceed to the second stop sign, Brightbill Park will be on the left at that stop sign. Race will start & finish at the park. LOWER PAXTON TOWNSHIP PD 425 PRINCE ST HARRISBURG< PA 17109



# LPPD MINUTE MAN GAMES

### **SUNDAY, AUGUST 28, 2016**

### 9:00 A.M.

#### SPRINT ADVENTURE RACE

This is a 3-3.5 mile running race

(no bicycles) that incorporates special skill events along the way.

If you can travel 3 miles on foot this is the race for you ! NO BARBED WIRE, NO ELECTRIC SHOCKS, NO MUD HOLES TO CRAWL THROUGH, BUT YOU WILL NEED YOUR THINKING CAP TO COMPLETE THE RACE.

#### **ENTRY FORM**

NAME:					
AGE:		BIRTHDATE:			
Sex:	MALE	FEMALE	(CIF	RCLE ON	E)
EMAIL:					
ADDRESS:					
CITY:				STATE:	
ZIP:_		_ PHONE:_			
SHIR	T SIZE:	S	Μ	L	XL

By submitting this entry form, I represent that I have read, understand, and agree to the following terms of my participation in the LPPD Minute Man Games (MMG).

- I assume all potential risks in participating in the MMG, including, but not limited to, falling, contact with other participants, traffic conditions on and around the race course, the condition of the race course, and the impact of weather (including high heat and humidity).
- I am medically able to participate and will abide by any decision of any race official, before or during the event, relative to my ability to safely participate. I agree that my failure to honestly represent my ability to participate in the MMG, or to accept the conditions of participation as stated above, may result in my disqualification from participation.
- In order to maintain my safety and those of other participants and individuals involved in the MMG, I must participate in the event alone, unassisted, and without the aid of any person, animal, device, including, but not limited to, skates, skateboards, cycles or vehicles.

4. My entry fee is non-refundable and my participation in the MMG, is non-transferable.

5. I hereby grant permission for my name, photo, video, likeness, and/or voice to be used by MMG, LPPD and/or any of its sponsors for any legitimate purpose.

Having read and agreed to the conditions of participation as contained within this entry form, and knowing the truthfulness of the information that I have disclosed on this form, in consideration of the acceptance of this application, I, for myself and anyone entitled to act on my behalf, waive and release the owners, organizers, managers, directors and staff of MMG, LPPD, Lower Paxton Township, volunteers, each and every sponsor, and any and all contractors of the event, from any claims or liabilities of any kind arising in connection with my participation in the event, even though such liability may arise out of negligence or carelessness of any such party.

Signature:\_\_\_\_\_

Parent Signature:\_\_\_\_\_

Must be signed by parent/guardian if participant is under 18

This event is not your normal 5K race. You will run a distance and have to complete a task to move on to the next running portion. The events are not physically dangerous and will not be something that will cause you to ruin expensive workout clothes, but you will get a good workout both physically and mentally.

**CHECKS MADE TO:** Lower Paxton Township Police Entry Fee: \$25 \$30 w/ shirt after August 15, 2016 T-Shirt guaranteed to all registered by August 15, 2016 The events and course will not be released until the race briefing.

### **Schedule**

0730- Packet Pick/up & Race Day registration
0840- Race Briefing
0900- Race Starts
1100- Awards ceremony
1200 - Park open to the public
On-line registration is available at www.pretzelcitysports.com

#### MAIL ENTRIES TO:

## Lower Paxton Township PD c/o Ofc Cook

425 Prince Street

Harrisburg, PA 17109

Questions: wcook@lowerpaxton-pa.gov