

Join Us!

- Gather your family, friends, team and co-workers. This race welcomes runners and walkers of all ages.
- Pre-register online or by mailing your registration form to Care Net, PO Box 1262, Pottsville, PA 17901.
- Special pricing for kids ages 13 and under, and for groups of 8 or more.
- Scavenger hunt. NEW!
- Prize drawings for all participants with more than \$100 in sponsored pledges. Prizes will be drawn post-race at the Church Street Pavilion. Must be present to win.
- Light post-race lunch will be provided for all participants; non-participants may purchase the lunch.
- Scenic river walk along the Bartram Trail.

How to raise \$500 in 10 days!

- Sponsor yourself for \$25
- Ask two family members to sponsor you for \$25
- Ask five friends to sponsor you for \$20
- Ask five people from your church to sponsor you for \$10
- Ask five neighbors to sponsor you for \$10
- Ask two other family members to sponsor you for \$25
- Ask your boss or company to sponsor you for \$20 or see if your company will match the amount you raise
- Ask five local merchants to sponsor you for \$20
- Ask two businesses you frequent to sponsor you for \$25
- You have done it! Great job! Ask a friend to join you in the Walk!



CARE  NET.
of Schuylkill County

PO Box 1262
110 South Centre Street
Pottsville, PA 17901
570.624.7244
carenetofsch.co@comcast.net
www.freepregnancyhelp.org



'Like Us' on Facebook to keep up with race details.



Care Net 5K Love Run & Walk

Saturday, April 30, 2016

8 Church Street, Landingville, PA

10:00 am

CARE  NET.
of Schuylkill County

About The Race

Race Location:

8 Church Street, Landingville, PA 17972

Start Time:

5K begins at 10:00 am, walkers follow

Registration:

Pre-register online:

www.freepregnancyhelp.org

Or optional online registration is available at www.pretzelcitysports.com (nominal fee applies, closes at midnight on the Wednesday before race day)

Register day of the race - Saturday, April 30 at 9:00 am at the Faith UCC pavilion

Rain or Shine:

The race director has the right and responsibility to cancel the day's events due to dangerous or extreme weather. Check our facebook page for updates.

Refunds:

There are no refunds in the event of a cancellation.



Entry Fees

Includes insurance for all participants.

Register by April 18:

\$25 per runner; includes T-Shirt

Register between April 19 & Race Day:

\$30 per runner. Shirts only while they last

Register on Race Day:

\$30 per runner. Shirts only while they last

Kids 13 & Under:

\$10 per runner. Does not include T-Shirt

Group of 8 Discount

\$5 off each participant pre-registered by April 18

Family Discount

\$60 for family pre-registered by April 18
Shirts for adult participants only.

Awards

Medals Will Be Awarded To:

- Overall Male
- Overall Female
- Top three Male & Female 5K runners in following age groups:
 - 14 & under
 - 15 - 19
 - 20 - 29
 - 30 - 39
 - 40 - 49
 - 50 - 59
 - 60 & over
- Oldest Finisher
- Youngest Finisher
- Highest dollar amount raised

Medals will be awarded to three male & three female participants in each age group, immediately following the race.

Entry Form

Please complete and detach this form, enclose your check made payable to Care Net of Schuylkill County - and mail to: PO Box 1262, Pottsville, PA 17901.

Last Name _____

First Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

Email: _____

Age on Race Day: _____ DOB: _____

Gender: Male Female

T-Shirt Size: S M L XL XXL

Release (must be signed by all participants)

In consideration of the acceptance of the entry, I hereby waive/release any and all rights or claims for damage or injuries against the spectators, officers, and staff of Care Net of Schuylkill County; race officials; the municipalities through which the 'Run' takes place; as well as any other person connected with the 'Run', their heirs, executors, administrators, successors, and families or for any and all injuries which I may suffer while taking part in the 'Run' or as a result thereof; and agree to be bound by the rules of the sanctioning organizations, the USA Track & Field Assoc., Inc.

Signature (by parent or guardian if under 18)

Questions? Call 570.624.7244