

EVENT DETAILS

Event Date: Sept 17, 2016 (rain or shine)

Beneficiary: York Regional Dream Center

<http://www.yorkdreamcenter.com/>

Start/Finish: Summit Grove Campground

Location: 140 S Front St, New Freedom, PA 17349

Parking at Summit Grove for participants/spectators

- Registration 7:30 A.M.
- 1 Mile **Speed** Run 8:30 A.M.
- Kid's Fun Run 9:00 A.M.
- 5K Run/Walk 9:30 A.M.
- Awards to follow
Drawings in between events

Packet Pick-up:

Pre-Race Day: Friday, September 16, 2016

Time: Noon – 7:00 PM

Where: Grace Fellowship Church, Shrewsbury

74 E. Forrest Ave, Shrewsbury PA

Race Day Pick-up & Registration at Summit Grove

7:30 A.M.

5K Age Groups: 3 Deep Male/Female

14 and Under	30 – 34	55 – 59
15 - 19	35 – 39	60 – 64
20 – 24	40 – 49	65 - 69
25 - 29	50 - 54	70 +

1 Mile Run: Top 3 Finishers

Awards: The top three finishers from each category will receive a prize (**Cash prize for the top Male & Female overall!**). Door Prize Drawings! Random door prizes will be given away during the race and can be claimed at the prize station immediately after you finish the race. Those who register for the run will receive an additional ticket. Those donating a non-perishable food items will receive an additional ticket!

Must be present for Awards & Drawings!

Race Registration

PARTICIPANT REGISTRATION

Online: www.pretzelcitysports.com

Name: _____

Address: _____

Address2: _____

City: _____

St: _____ Zip: _____

Email: _____

Phone: _____

Emergency Phone: _____

Age (as of 9/17/16): _____

Gender: Male Female

5K Run/Walk 1-Mile Speed Run

I cannot participate but would like to contribute
\$ _____

Shirt Size: S M L XL 2XL 3XL

Pre-registration participants are guaranteed to receive a short-sleeve dri-fit if registration is received by or on September 1st. Entries received after September 1st and Race Day Registrants will receive a shirt on a first come, first serve basis. Size and receipt of a shirt is not guaranteed.

Entry Fee: 5K or 1Mile \$25 / Race Day \$30

Combined: \$30 / Race Day \$35

Kids Fun Run: See separate entry form

Payments mailed to the address listed below.

Entry Checks shall be made payable to: Grace Fellowship Church, attn. Elaine Saxe - 5K Run. Mail registration form along with payment to: York Regional Dream Center - 5K/Mile Run 74 E. Forrest Avenue, Shrewsbury, PA 17361

Results: Results will be posted at the following web page:

<http://pretzelcitysports.com/roadracesresults.html> by the Monday following the event.

Additional Information: Contact: Paul or Brenda Davis, 410-218-3724 or gicetek@gmail.com, Information and map available online at <http://bit.ly/1SDg8jq>

Liability Waiver

In consideration of your permitting me to participate in this event, on behalf of myself, my heirs, executors, administrators and assigns; I hereby waive and release all rights and claims for damages which I may have against you or your assigns, the municipalities in which the event occurs, or anyone connected with the event, their heirs, executors, administrators and assigns, for any and all injuries / illnesses which may incur as a result of taking part in this event. I grant my permission to use my name on any audio or visual recording for any lawful purpose. I also understand that bicycles, scooters, and roller blades are prohibited. **I ALSO UNDERSTAND AND ACCEPT THAT THERE ARE NO REFUNDS FOR THIS EVENT.**

Signature of Participant:

(Parent/Guardian must sign if entrant is under 18 years of age)



York Dream Center Running Festival

Drawings for participants who donate food items!
The 2nd annual York Regional Dream Center Running Festival is scheduled for Saturday, September 17, 2016. Festivities begin at 7:30 for race day registration, followed by the Mile race at 8:30 a.m. and the kids' run at 9. The 5K Trail Run will begin at 9:30 followed by Awards. Runners and walkers from all over the region will come together to support the York Regional Dream Center.

The York Regional Dream Center, located at 74 E. Forrest Ave in Shrewsbury, PA is a community of love and support for the purpose of bringing glory to God; not a community of social justice for the sake of social justice. While we acknowledge that meeting the physical needs of those living in poverty has value, we believe the greatest poverty is a life without Christ. Our objective is simply that God would use us to show others their desperate need for Him.

Funds raised will go towards the various ministries of the Dream Center including DC Adopt-A-Block, DC Community Closet, DC Cornerstone Health Ministry, DC Harvest Food Center and the DC Lord's Gym.

Participants and their families will be treated to pre- and post-race live entertainment, awesome food and prizes! Children's activities, including the Chick-fil-A cow, balloon sculptures and face painting will also be included for the younger crowd.

Current Sponsors



2nd Annual Running Festival

September 17, 2016

