# Quick FACTS: MARATHON & HALF MARATHON

- ◆ Saturday, April 9, 2016
- Start 8:00 am for marathon and half marathon
- Race Packs available 6:30 am on race day and at the Expo and Pasta Dinner on April 8th at 2:00 pm at Garden Spot Village; Walk-ins welcome
- USATF Certified 26.2 marathon and 13.1 half marathon course
- Boston Marathon Qualifier course
- Tech-shirts with all registrations up to March 1 Shirts are on a first-come-first-served basis thereafter Men's and women's sizes available
- Medals for all finishers
- All participants have access to showers, pool and hot tub post race
- Water stations and Porta-Johns every 2 miles

### YANCA KIDS MARATHON K-BTH GRADE

- ◆ Friday, April 8, 2016
- ♦ Start 6:00 pm
- Complete 25 miles prior to race day
- Complete final 1.2 miles on race day. Cross the same finish line as the elite athletes participating in the GSV Marathon the next morning
- ◆ For kids in Kindergarten 8th grade
- Parents may run with kids
- ♦ Safe off road course
- T-shirt and finisher medal

LEARN MORE & REGISTER ONLINE AT: www.GardenSpotVillageMarathon.org

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## LANCASTER FAMILY YMCA



Serving Lancaster County for more than 160 years, the Lancaster Family YMCA is a non-profit dedicated to strengthening the community and improving

the lives of children, adults and families through the focus areas of youth development, healthy living and social responsibility.

The Y offers adult and youth wellness, aquatics and fitness classes, family-oriented activities, child care services, summer camp opportunities and community outreach initiatives. To ensure everyone has the opportunity to benefit from Y programs, financial scholarships towards membership and program enrollments are available to those in need.



Through the YMCA Kids Marathon, the Lancaster Family YMCA is helping kids increase their daily activity, build their self-esteem by working towards a goal and improving the overall health and wellness of families by offering a positive activity they can do together.

To learn more about the Lancaster Family YMCA visit LancasterYMCA.org.

MARATHON  $\bigotimes$  HOSTED BY: G A R D E N S P O T V I L L A G E



Learn about our 3rd Annual MARA KAIDS MARAILHON see inside.

Sth in beautiful Lancaster County, PA! GARDEN SPOT VILLAGE

## SATURDAY 04.9.16 Starting at 8am

## MARATHON 1/2 MARATHON USATF Certified 26.2 & 13.1 mile course

Boston Marathon Qualifier

YMCA KIDS MARATHON 04.8.16 Starting at 6pm

GARDEN SPOT VILLAGE

**H**'S a cool brisk morning on race day and you've settled into that familiar rhythm as you glide along Amish countryside roads at the base of the Welsh Mountain. The smell of springtime is in the air as you pass soft rolling farms, bright green pastures of cows and a horse

drawn plow tilling a field. Amish children are barreling down their farm lane to keep up with you on their scooters. In the distance a horse and buggy faintly appears on the road. The countryside is amazing and you're realizing this is an experience you will never forget!

We hope to see you on April 9th!

- Scott Miller, Race Director

## **QUESTIONS?**

SHARE

THE

ROAD

Contact <u>Marathon@GardenSpotVillage.org</u> Garden Spot Village (717) 355-6000 www.GardenSpotVillageMarathon.org

Waiver & Release: I know that running a road race is potentially hazardous activity which could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the roads, presence of horses, horse and buggies, bicyclists, farm equipment and farm animals. All such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals and radio headsets are not allowed in the race and I will abide by this guideline. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf waive and release Garden Spot Village, Earl Township, East Earl Township, Leacock Township and Upper Leacock Township their officials, directors, employees and volunteers and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though the liability may arise out of negligence or carelessness on the part of the persons or entities named in this waiver. I further acknowledge that my entry fee is non-refundable and non-transferable. I grant permission to all of the foregoing to use my photograph, motion pictures, recordings or any other record of this event for legitimate purposes.

#### USE THIS FORM TO REGISTER FOR: Garden Spot Village Marathon, Half Marathon & YMCA Kids Marathon

Marathon & Half Marathon Proceeds Benefit the Garden Spot Village Benevolent Fund Kids Marathon Proceeds Benefit the Lancaster YMCA

Payment must be included with this form to be processed. **NO REFUNDS.** Register online with a credit card at **www.GardenSpotVillageMarathon.org**. One form per runner. Reg. limits: Half - 1000, YMCA Kids Marathon - 500.

Please print clearly. Form must be filled out completely.

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EMERGENCY CONTACT

#### EMERGENCY CONTACT PHONE



ADULT SHIRT:  $\Box$  M  $\Box$  F (Female sizes run small) SIZE:  $\Box$  XXL  $\Box$  XL  $\Box$  L  $\Box$  M  $\Box$  S KIDS SHIRT SIZE:  $\Box$  L  $\Box$  M  $\Box$  S

## CHOOSE A RACE

Register online at: www.GardenSpotVillageMarathon.org

#### MARATHON

\$80 by 12/31/15
\$90 by 2/29/16

\$110 after 2/29/16
 \$60 (Ages 17 & Under)

#### HALF MARATHON

\$70 by 12/31/15
\$80 by 2/29/16

□ \$100 after 2/29/16
 □ \$50 (Ages 17 & Under)

#### YMCA KIDS MARATHON : Final 1.2 miles

□ \$25 Register by 4/1/16. Complete 25 miles prior to 4/8/16.

| PASTA D  | INNER AF   | oril 8, 2016, 5:00pm   |
|--|--|--|
| AGES 13+<br><b>\$15</b>  | AGES 6-12<br>\$ <b>895</b>                               | 5 & Under<br>FREE  |
|  | ome! ALL-YOU-(<br>e dinner will be a                     | CAN-EAT Dinner.  |
| Entry Fee Enclosed:  | \$   |  |
| Please read the waive  | r and release on t                                       | he left and sign here.   |
|  |  |  |
|  |  | Date:  |
| have read, understand a  | nd agree to the waiv                                     |  |
| l have read, understand a<br><u>X</u><br>Parent or Guardian Signa  | ture for particpants                                     | er & release.<br>Date:<br>under 18 years of age.                                     |
| X<br>I have read, understand a<br>X<br>Parent or Guardian Signa<br>I have read, understand a<br>I have participated in | ture for particpants<br>nd agree to the waiv             | er & release.<br>Date:<br>under 18 years of age.<br>er & release.                    |
| l have read, understand a<br>X<br>Parent or Guardian Signa<br>I have read, understand a                                | ture for particpants<br>nd agree to the waiv<br>marathor | er & release.<br>Date:<br>under 18 years of age.<br>er & release.<br>ns. (How many?) |

Mail Checks & Money Orders Payable to: **Garden Spot Village Marathon** 433 South Kinzer Ave. New Holland, PA 17557 Attention: Kelly Sweigart, Assistant Race Director