



Bee Fit Raffle & 5K

Hosted by Body Go Fitness
Pottstown Riverfront Park, 140 College Dr., Pottstown, PA 19464
Sunday, May 1, 2016 9:00am for 5K

WHO: Runners of all ages and fitness levels. Gather your family, friends and co-workers! Walkers are also invited to participate using the same course. The course is stroller, wheelchair, and dog accessible.

WHAT: The Bee-Fit Raffle and 5K is a fundraiser for the Montgomery County Beekeeper's Association of PA.

WHERE: Riverfront Park in Pottstown, PA. The course will begin near the parking lot, follow a well-marked and maintained path to the halfway point, and double back to the start.

WHEN: Sunday, May 1, 2016
8:00am-Registration begins
9:00am-5K Run/walk begins
10:00am-Last call for raffle
10:30am-Award presentation/raffle drawing/food and music

HOW: To register, complete the form below and submit a \$20 check/money order to Body Go Fitness by April 16th to receive a Bee-Fit Raffle & 5K Cotton shirt. The

fee for entries received after April 16th is \$30 while T-shirts last. Size requests will be honored to the best of our ability but size may be substituted. Optional Online Registration Available at www.pretzelcitysports.com (Nominal service fee applies, closes at midnight, the Wednesday before race day)

RESULTS: Finish line and timing service by Pretzel City Sports.
Race results posted on www.pretzelcitysports.com.

AWARDS: Awards will also be given to the 1st place male and female overall, as well as the top three men and women in the following categories: 18 & under, 19-29, 30-39, 40-49, 50-59, 60 and over.

DIRECTIONS:
Riverfront Park is located on **140 College Dr., Pottstown, PA 19464.**
Registration will be located under the pavilion.
Go to <http://www.bodygofitness.com/5k> for more information.

REGISTRATION: Bee-Fit Raffle & 5K Complete this portion. Detach and mail. Include \$20 early registration fee before April 16th. Late registration fee \$30. Checks payable to Body Go Fitness.

Name _____ Address _____
Phone _____ City _____ State _____ Zip _____
E-mail address _____ Age (on Race Day) _____ Male _____ Female _____

T-shirt size (circle one) Adult S M L XL XXL
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WAIVER/RELEASE: I hereby waive all claims against the race director, race officials and volunteers, any and all sponsors including, but not limited to Body Go Fitness, the Borough of Pottstown, Pottstown Township and those in their employ, the County of Montgomery, and all their representatives and successors from any injury or liability I might suffer in this event. I attest that I am physically fit and prepared for this event. I assume all risks associated with running in this event including, but not limited to: falls; contact with other participants; the effects of the weather, including high heat and/or humidity; and the condition of the road; all such risks being known and appreciated by me. I grant full permission for organizers to use my name and or pictures in legitimate accounts and promotions of this event.

Signature X _____ Date _____
(Parent or guardian's signature if less than 18 years of age.)

Please make checks payable to Body Go Fitness and mail to:
1033 S. Hanover St., #400 Pottstown, PA 19465
(610) 906-2233 – info@bodygofitness.com