



10 Miler/5k Run

Sunday October 9, 2016 8:00am

BOTH RACES LIMITED TO 200 RUNNERS EACH

LOCATION/REGISTRATION: Riverfront Park Pottstown PA. Registration/number pickup at Riverfront Park Race Day beginning at 7:00am. Starts on Keystone Boulevard and Finishes in Riverfront Park. Both courses are out and back

AMENITIES: T-shirt guaranteed to all pre registrants who enter by September 30. We will have coffee and donuts at the beginning and at the end of the race, we will also have donuts at the turn-around of the 10 Miler Only. ONE FREE BEER per registered runner 21 and over provided by Jack Cassidy's Pub in Pottstown, must redeem race day with your bib #.. Time clock at finish and instant results. Race will be run rain or shine. No refunds or mailed awards. Results on www.pretzelcitysports.com in 1-2 days.

AWARDS FOR BOTH Races: Awards for 1ST Male & Female plus top 3 M & F in 14 & Under, 15-19, 20 -29, 30-39, 40-49, 50-59 60+

ENTRY FEE 10 MILER: \$35 if postmarked by September 30 includes T-Shirt. Afterwards including race day, \$40; shirt based on availability. If a Member of the Sly Fox Track Club, those prices are \$30 by 9/30; \$35 afterwards.

ENTRY FEE 5K- \$30 if postmarked by September 30 includes T-Shirt. Afterwards including race Day \$35; shirt based on availability. If a member of Sly Fox Track Club those prices are \$25 by 9/30 and \$30 afterwards. Sly Fox Track Club Membership is \$25 Annually. You will receive discounts on all of our races.

Optional Online Registration Available at www.pretzelcitysports.com
(nominal service fee applies, closes at midnight, Wednesday prior to Race)

MAIL CHECK PAYABLE TO "Sly Fox Track Club" c/o Chris Bayless 1339 Lynn Drive Pottstown, PA 19464
484/941-1952/ Email: Slyfoxtrackclub@gmail.com

.....Please Print Clearly.....

Last name _____ First name _____

Address _____

City/State _____ Zip _____ Race day age: _____ Date of birth ____/____/____

Sex: M F Phone: (____) _____ A.M. or P.M.??

Tech Shirt Size (circle one): S M L XL email _____@_____

I will be competing in the (Circle one) 10 Miler 5k

Already Getting Emails from Pretzel City Sports Regularly?? Yes _____ No _____

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City, Sly Fox Brewery, SFTC, Pottstown Burrough, Pottstown Parks and Rec, Schuylkill Trail Association and any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature _____ Date ____/____/ 20____

Dunkin Donuts 10 Miler