



4<sup>TH</sup> ANNUAL

# RUN FOR HEROES

10K, 5K Run, 1 mile Walk and a fun run for the kids

Saturday, August 27, 2016

FOP Memorial, at 1102 Red Bridge Rd. Reading, just off Rt. 183 in Bern Township

- \$25 entry fee for 10K or 5K must be received by Aug. 1<sup>st</sup> - \$35 after 8/24, including day of race
- \$15 entry fee for mile walk must be received by Aug. 1<sup>st</sup> - \$25 after 8/24, including day of race
- \$10 entry fee for kids ¼ mile run received by Aug. 1<sup>st</sup> - \$15 after 8/24, including day of race, (no shirts given)
- Registration begins at 9:00 am (10K & 5K starts at 10:00 am) (kids run & mile walk starts at 9:30)
- Professionally timed by Pretzel City Sports, results posted on website following race
- Rain or shine event, sorry no refunds under any circumstances
- Run will start and end at the FOP Memorial
- Awards and presentation and door prizes following the race
- T-Shirts for all entrants registered by Aug. 1<sup>st</sup>, all others while supplies last
- Questions contact: Matthew Nguyen at [mlnguyen13@me.com](mailto:mlnguyen13@me.com)



### Awards:

There will be a 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> place awards for male and females in the following age groups:  
 Male & Female Over All, 14 & Under, 15-19, 20-29, 30-39, 40-49, 50-59 & 60+ (no mailing of awards)  
 Kids will receive goodies bags =)

**Come and show your support for our fallen police officers and K-9's in Berks County!**



Mail check payable to: "Berks County Heroes Fund" & send to: Pretzel City Sports, 112 W. 36<sup>th</sup> St., Reading, PA 19606  
 Register online at [www.pretzelcitysports.com](http://www.pretzelcitysports.com) On-line registration closes at midnight on Wednesday Aug. 24, 2016.

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Gender: M F Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ email: \_\_\_\_\_

Age at day of race: \_\_\_\_\_ Phone: \_\_\_\_\_

T-shirt: S M L XL 2XL  
(circle one)

I will be participating in the: 10K or 5K or Walk or Fun Run  
(circle one) (\*shirts run slightly big\*)

**Waiver:** I acknowledge that running in a 10K, 5K race and or kids run can be a potentially hazardous activity. On behalf of myself, my heirs, executors, administrators, successors and assigns, I hereby waive and release all rights and claims for damages which I may have against you or your assigns, the municipalities in which the event occurs, or anyone connected with this event, for any and all injuries or illnesses which I may suffer as a result of taking part in the event. I grant my permission to use my name or any audio or visual recording for any lawful purpose. I understand that volunteers will be on hand to guide participants, but roads may be open to traffic.

Signature \_\_\_\_\_ Date \_\_\_\_\_

FOR STAFF USE ONLY

Paid In Full: YES NO

Check #: \_\_\_\_\_

BIB #: \_\_\_\_\_