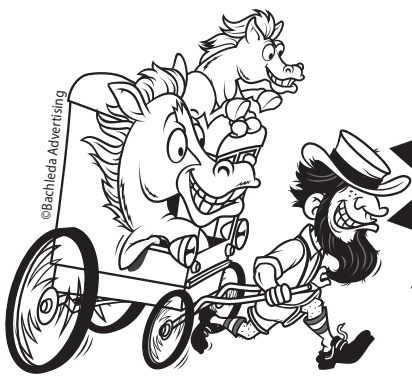


# SCHAEFFERSTOWN PA DUTCHIE DASH 5K • 10K 8TH ANNUAL RUN & WALK



**ENTRY:**  
**\$23** Postmarked by June 6  
**\$28** Postmarked after June 6  
 After shirt supply is gone, Entry fee will be \$20.

*Lebanon Farms*  
**DISPOSAL**  
 SCHAEFFERSTOWN, PA 17088



Bachleda Advertising

**BOGO WITH BRUNO'S!** Register for the Dash by June 6 and get a free BUY 1 GET 1 FREE hoagie voucher on Dash Day!  
**BRUNO'S**  
 Hoagies • brunosnow.com

**Saturday June 18, 2016 • 9am**

Run the 5K or double your fun and do the 10K (that's 2 laps of the 5K route). You only need to decide on Dutchie Dash Day.

**Medals to top males & females per group in the 5K and the 10K!**

**GROUPS:** Under 15, 15-19, 20-29, 30-39, 40-49, 50-59, 60+, plus youngest and oldest finishers (in 5K only)

**LOCATION:** Schaefferstown Fire Company, 200 Locust St., Schaefferstown, PA 17088. Registration opens at 7:30am, rain or shine.

**TO BENEFIT:** Schaefferstown Volunteer Fire Company, Fire Police & Schaefferstown Emergency Medical Services

**COURSE:** Rolling country roads on wheel-measured closed course.

**OUTSTANDING AMENITIES:** Mens/Womens custom designed tech shirt to all pre-registered and race-day participants while supplies last, finisher gift (while supplies last), refreshments, time clock, mile splits, instant results and posting on pretzelcitysports.com. *No mailed awards.*

**DIRECTIONS:**

**From Reading:** 422-W to 419-S to Schaefferstown. Turn right on Heidelberg Ave (419-S). Turn right on Locust St. to SFC.

**From Lancaster:** 501-N to Schaefferstown. Go straight at traffic light. Make immediate right on Oak St. to Locust St. to SFC.

**From Lebanon:** 897-S to Schaefferstown. At light, turn left on 501 North (Stiegel Pike). Make quick right on Oak St. to SFC.

**From Harrisburg:** 422-E to 897-S to Schaefferstown. At light, turn left on 501-N (Stiegel Pike). Turn right on Oak St. to SFC.

**Mail check** payable to 'Dutchie Dash' with registration form to: Dutchie Dash, PO Box 75, Schaefferstown, PA 17088.  
**Register online** by credit card until June 15 at: [pretzelcitysports.com](http://pretzelcitysports.com) (service charge applies). No refunds.

**Race director:** Jamie Wolgemuth (717) 949-6907  
[dutchiedash@yahoo.com](mailto:dutchiedash@yahoo.com) • [pretzelcitysports.com](http://pretzelcitysports.com)

Run with us online:  
[facebook.com/DutchieDash](http://facebook.com/DutchieDash)



REGISTRATION FORM: PLEASE PRINT CLEARLY

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ RACE (circle): 5K 10K

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Age on Race Day: \_\_\_\_\_ Date of Birth (mm/dd/yyyy): \_\_\_\_/\_\_\_\_/\_\_\_\_ Sex (circle): M F Shirt Size (circle): S M L XL XXL

Phone: ( ) \_\_\_\_\_ Email: \_\_\_\_\_

How did you learn of our event?  Ran before  Friend  Social Media  Newspaper  Radio  TV  Online news  Club newsletter  
 [www.pretzelcitysports.com](http://www.pretzelcitysports.com)  Other: \_\_\_\_\_

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Dutchie Dash, its sponsors and advertisers, and any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign).

Signature: **X** \_\_\_\_\_

Date (mm/dd/yyyy): \_\_\_\_/\_\_\_\_/\_\_\_\_