JULY 17, 2016 – 7:30AM QUADZILLA 15K TRAIL RACE

Scenic trail run through local nature preserve. Single track, hills, run past Buffalo and a creek crossing. Fast finish.

Includes tech shirt. Organized by the HCM Foundation, all proceeds benefit families dealing with the effects of cancer. Fees: \$35 through April 29 \$40 afterwards 1st place male and female will be dubbed King & Queen of the Hills

Awards: Overall 1st, 2nd 3rd place 3 deep in age groups Men & Women 19+under, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-59, 60+

DO YOU HAVE WHAT IT TAKES TO CONQUER THE HILLS? <u>www.quadzilla15k.com</u> II <u>info@hcmfoundation.org</u>