5K Run/Walk
or
1 Mile Fun Walk

8:00 a.m.:   Race Day Registration

9:00 a.m.:   5K

9:15 a.m.:   1 mile Fun Run/Walk

Awards

- An overall winner will be selected in each age category

  13 and under
  14-19
  20-29
  30-39
  40-49
  50-59
  60+

PennState Schuylkill

PennState
Schuylkill

5K Run/Walk
and
1 Mile Fun Walk

JOIN THE FIGHT AGAINST PEDIATRIC CANCER

All proceeds will go towards THON and the Four Diamonds Fund.

SATURDAY
OCT. 15, 2016

THE ISLAND
SCHUYLKILL HAVEN, PA

All proceeds benefit
THON

The Pennsylvania State University Dance Marathon (THON) is the largest student-run philanthropy in the world. It is a University-wide fundraising effort which benefits the Four Diamonds Fund for Pediatric Cancer.

Penn State Schuylkill is an active participant in THON. Please help the overall THON organization and the Penn State Schuylkill group by participating! Help us exceed our 2015/2016 amount! For the Kids (FTK)!!

Entry Information

8:00 a.m.   Race Day Registration

5K Run/Walk Fee

- **$20**   if postmarked by Oct. 1
- **$25**   if postmarked after Oct. 1
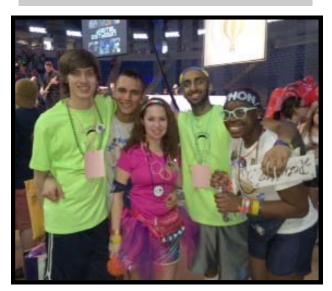 *Race t-shirts guaranteed for all racers registered by Oct. 1*

Fun Walk Fee

- **$10**   if postmarked by Oct. 1
- **$15**   if postmarked after Oct. 1

9:00 a.m.   5K Run/Walk Start

9:15 a.m.   1 mile Fun Run/Walk

We welcome business/group teams for both the 5K Run/Walk and Fun Walk!

Course Information

Details:

Begin at The Island in Schuylkill Haven. Runners/walkers will run/walk around the perimeter of The Island Park. As they leave park, runners will make a left onto Dock Street, run up to Route 61 and make left onto Route 61 North. Make left onto South Garfield Avenue and continue straight to Dock Street. Make right back onto Dock Street and follow back into the Island. Runners will loop around park again. Course length is 3.2 miles. The walk is 1.1 miles.

- Course run is 1/3 road run, and 1/2 scenic trail
- Families encouraged
- 5k timing by Pretzel City Sports
- Rain or shine

Please make checks payable to:
Penn State Schuylkill THON (168)

Mail to:

> **Student THON**
> **Penn State Schuylkill**
> **c/o Ron Kelly**
> **200 University Drive**
> **Schuylkill Haven, PA 17972**
> *Online registration can be found at:*
> **pretzelcitysports.com**

Entry Form
[Please detach and return with registration fee]

Cut Here

Name: _____

Address: _____

_____

City:_____ State:____ Zip:_____

Circle: Male   Female

Race Day Age: _____ Date of Birth: ___/___/___

Phone: _____

Email: _____

☐ By checking this box I agree to allow Penn State to use this email address to communicate with me about this program.

Registering for: ___5K   ___Fun Walk

T-Shirt Size
Adult: S   M   L   XL   XXL

Entry fee(s) enclosed: $_____

I cannot run or walk, but would like to donate $_____ to THON at Penn State

Child: S   M   L   XL

Waiver:

In consideration of being permitted to participate in the THON 5K, I hereby for myself, my heirs and personal representatives, assume any and all risks which might be associated with the event. I further release and hold harmless The Pennsylvania State University, the Penn State IFC/ Panhellenic Dance Marathon, its officers, members, sponsors, or other representatives or successors, any assigns for any injuries or damages of any kind whatsoever suffered as a result of taking part in this event.

Signature:_____ Date: _____

If under 18, parent/guardian must give consent:

Signature:_____ Date: _____