

The Thelma Urban Memorial Fund presents the second annual

SUPURBAN RUN

5K Run & 1 Mile Fun Run / Walk

Saturday, October 8th, 2016 | Tamaqua, PA | 9:00 A.M

LOCATION/INFO: The Tamaqua Area School District Sports Complex located at 500 Penn Street Tamaqua, PA 18252. Registration / number pickup opens at 8:00 a.m. 5k starts at 9:00 A.M. with the one mile walk beginning at 9:15. Event t-shirts will be guaranteed to those who register by September 12th. Additional shirts can be purchased for \$20. Clock at finish, refreshments, mile splits, instant results. Rain or shine. No refunds or mailed awards.

COURSE: Run will begin at the T ASD Sports Complex and continue through the town of Tamaqua running Broad Street. The course will circle the town and have participants return to the high school via Stadium Hill.

ENTRY: Cost is \$25 for adults and \$15 for students if postmarked by Monday, September 12th, 2016. Applications that are postmarked by September 12th will be guaranteed a shirt in the size of their choice. Cost is \$30 and \$15 for students for all applications postmarked after September 12th; extra shirts will be given on a first come first serve basis. Prizes will be awarded to various age groups, as well as a prize given to the best superhero themed costume.

DIRECTIONS FROM SOUTH OF TAMAQUA: Take 309 North into Tamaqua. At the first traffic light, (Rite Aid will be on your right) make a left onto Spruce Street. Go through one traffic light...Continue straight...Make a left at the 3rd stop sign. The stadium will be directly in front of you.

DIRECTIONS FROM EAST OF TAMAQUA: Take 209 North into Tamaqua. As you enter Tamaqua, make your first right. (Our Family Mini Mart will be on your left). Go to the top of the hill. The stadium is on your right, the high school is directly in front of you and the middle school and athletic center are to the right of the high school to be used as parking.

Optional online registration available on www.pretzelcitysports.com. Online registration closes at midnight on Wednesday, October 5th!
(nominal processing fee applies)

MAIL CHECK PAYABLE TO "Thelma Urban Memorial Fund" & Form Below To:
Thelma Urban Memorial Fund Attn: SUPURBAN 5K; 500 Penn Street Tamaqua, PA 18252
Race Director: Roseann Weinrich: (570) 527-3534, rweinrich@tamaqua.k12.pa.us

Last name _____ First name _____

Address _____ City _____ State _____ Zip _____

Circle one: 5K Run 1 Mile Run / Walk Sex: M F Age: _____ Date of birth ____/____/____

Shirt Size (circle one): S M L XL Phone: (____) - _____ - _____

Email: (print clearly) _____

Already getting Pretzel City emails regularly? ____ Yes ____ No

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained and I have not been advised by a medical professional to refrain from participating in this event. I also know that there will be traffic on the course and assume the risks associated with running in traffic. I also assume any and all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the effects of the weather and the condition of the roads, all such risks being known and appreciated by me. Appreciating, understanding, and accepting the risks associated with this event, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators and anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Tamaqua Area School District, Pennsylvania Department of Transportation, Tamaqua Borough, any subcontractors it utilizes, or all municipalities in which the race is held, the Released Parties, the race committee, volunteers, any and all sponsors including their agents, employees, assigns and anyone acting for on their behalf, and anyone else associated in any way with the race, from any and all claims or liability and release for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation, whether or not such claims arise out of the Released Parties' negligence.

I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature _____

Date / / 2016