



COPS ON THE R.U.N.

COPS-Running as a Unified force for stronger Neighborhoods

Date: Saturday, August 13, 2016

Time: Registration 7:30-8:30- Youth Run- Start Time-9:00 am
5k Race Start Time-9:15/5k Walk-Start Time 9:20 am

Course: A fun and fast race, *mostly* flat through Meadow Breeze Park
27 Meadow Breeze Lane, Washington NJ

Fee: Pre-Entry (before August 3) \$20.00-5K Run or 5K Walk (T-shirt included)
Race Day-\$25.00-5K Run or 5K Walk (No T-shirt)
Law Enforcement Officers-\$15.00 Race Day (No T-shirt)
1K Youth Run-Free (1k for children under the age of 12)
Pre Entry before July 30thst **Required** for Free Youth Large T-shirt

- 5K RACE
- 1K YOUTH RUN
- 5K FUNWALK

Why Support this Race? Money raised for this event supports community-police activities throughout the year!

REGISTER
ONLINE
WWW.
ACTIVE.
COM

AWARDS			
OVERALL MALE AND FEMALE WINNERS			
THREE AWARDS IN EACH CATEGORY			
MALE AND FEMALE			
14 & Under	25-29	40-44	60-69
15-19	30-34	45-49	70+
20-24	35-39	50-59	Fastest Team

Email
Yvette day
Race chair
yvette@
cprwc.com

Name: _____ Age: _____ Male _____ Female _____

Street: _____ City: _____ State: _____ Zip: _____

Phone: _____ Email: _____ Shirt Size: YL S M L XL

Team Name: (Must have 4 members minimum) _____

I'm Running for: _____ (Name Warren Co. Police Dept.)

In consideration for the acceptance of my entry, I, for myself, my executors, administrators, and assignees, do hereby release and discharge NORWESCAP, Community Prevention Resources of Warren County, their employees, officials, officers, volunteers, and all other sponsors for all claims arising or growing out of my participation in the COPS on the R.U.N. 5k Run/Walk or 1KRace. I attest and verify that I have full knowledge of the risks involved in this event and that I am physically fit and sufficiently trained to safely participate in the event. I have read and fully understand the content and meaning of this statement.

Signature _____ -Adult Entrants and Parents/Guardians

Be Race Ready! No changing areas!

Questions? Email: yvette@cprwc.com or call Georjean @ 908-454-7000 ext. 110

Mail early bird registration to NORWESCAP 350 Marshall Street, Phillipsburg 08865
This race is sponsored and supported by NORWESCAP and the Warren County Prevention Task Force

