



# RACE TO RECOVERY 2016

BRAIN INJURY  
ASSOCIATION  
OF PENNSYLVANIA

**Saturday,  
May 14, 2016**

**East Goshen Park**  
1661 Paoli Pike  
West Chester, PA 19380

Registration 8:30-9:30 am | Pre-race Yoga: 9:30 am | **Race begins at 10:00 am**

Hosted by Bryn Mawr Rehab Hospital, the **Race to Recovery** offers everyone the opportunity to have fun and to support the Brain Injury Association of Pennsylvania. For avid runners, it's a 5K scenic timed course; for beginner runners, a fun, supportive run; for kids, families, and those who don't run, a healthy one mile walk; for those on wheels, a good one mile wheelchair roll!

## Want to help?

You can participate in many ways:

- (1) register and run, walk or roll
- (2) start a fundraising team,
- (3) join a fundraising team
- (4) sponsor a participant or team
- (5) become a corporate sponsor for the event

*\*Proceeds from the Race to Recovery will help fund: \* The Brain Injury program at Bryn Mawr Rehab Hospital  
\*Support groups \*BrainSTEPS support for school re-entry \*Education for medical personnel & social service agencies  
\*Fitting and distribution of free bicycle helmets at Brain Safety Fairs*

**Race Fee: \$25**

***To register, visit***

**[www.biapa.org/race2recovery2016](http://www.biapa.org/race2recovery2016)**