

**The Quakertown Rotary Club Presents The 5th  
Annual**

***Rotary Run for Youth***

**10 Mile & 4 Mile Races**

Join us for the 4th annual Rotary Run for Youth 10 Mile and 4 Mile races. This challenging late winter 10 miler is a good test in advance of the spring race season while the 4 miler is a rolling out-and-back course for runners who prefer shorter distances. Both courses run through the rolling hills of Upper Bucks County and are well marked with volunteers at all major intersections. While the roads are open, there is relatively little traffic.

The course map for the 10 miler is at:

<http://mapmyrun.com/run/united-states/pa/quakertown/457096857>

The 4 mile course is at:

[www.mapmyrun.com/run/united-states/pa/quakertown/380229686](http://www.mapmyrun.com/run/united-states/pa/quakertown/380229686)

Facilities include ample parking, indoor registration and awards and a generous post-race buffet featuring hot soup, grilled foods and fruit.

Founded in 1905, Rotary International is a service club dedicated to the ideal of "Service Before Self." With Clubs in over 100 countries, there are more than one million Rotarians worldwide.

The Quakertown Rotary Club has been performing community service work since 1924. For more information about the Quakertown Rotary Club, visit the Club site at [www.quakertownrotary.org](http://www.quakertownrotary.org).

Organizations supported by the Quakertown Rotary Club include the Upper Bucks YMCA, Children's Development Program, Habitat for Humanity of Bucks County, the Quakertown Historical Society and The Quakertown Parenting Center

The race proceeds fund a variety of youth programs. These include scholarships for deserving high school seniors and Student of the Month Awards at Quakertown High School. Quakertown Rotary also sponsors attendees at the Camp Neidig Leadership Training Camp and Pennsylvania Free Enterprise Week.

Quakertown Rotary Club  
27 S. Vassar Drive  
Quakertown PA 18951



***Rotary Run for Youth***

**10 Mile & 4 Mile Races**

**March 5, 2011**

**Pfaff Elementary School  
1600 Sleepy Hollow Rd.**

**Quakertown PA 18951**

**Registration: 7:30-9:00 AM**

**10 Mile Race: 9:00 AM**

**4 Mile Race: 9:00 AM**

**Awards Follow Each Race**



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Course Records:

10M – M: Ramon Laboy III – 55:01 (2010)

F: Cheryl Dingman – 1:06:46 (2010)

4M – M: Chris Brennan – 22:51 (2010)

F: Anabelle Broadbent – 26:39 (2010)

Results will be posted at [www.pretzelcitysports.com](http://www.pretzelcitysports.com)

Photos posted at [www.flickr.com](http://www.flickr.com)

**Awards (Male & Female)**

**4M:** Overall 1-3; 1<sup>st</sup> Masters, Age Group: Under 14  
3M/3F, 15-19 3M/3F, 20-29 6M/6F, 30-39 6M/6F, 40-  
49 6M/6F, 50-59 6M/6F, 60-69 3M/3F, 70+2M/2F

**10M:** Overall 1-3; 1<sup>st</sup> Masters, Age Group: 19 & Under  
3M/3F, 20-29 6M/6F, 30-39 6M/6F, 40-49 6M/6F, 50-  
59 6M/6F, 60-69 3M/3F, 70+2M/2F

**Quality long-sleeve tee-shirts for all pre-registered  
runners and while supplies last on race day.**

**Timing services provided by Pretzel City Sports**

**In the event of bad weather, cancellation and  
rescheduling information will be posted on  
[www.pretzelcitysports.com](http://www.pretzelcitysports.com)**

*Note: Both races start together and share the first mile.  
Feel free to change your distance any time until the routes  
split, regardless of which distance you put on the  
registration.*

Name \_\_\_\_\_

Age on 3/5/11 \_\_\_\_\_ 10 Miler \_\_\_\_\_ 4 Miler \_\_\_\_\_

M F T-shirt size: S M L XL None

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-Mail \_\_\_\_\_

\$20 Postmarked Before 2/23/11 \_\_\_\_\_

\$25 After 2/25; Race Day\* \_\_\_\_\_

Total Enclosed: \_\_\_\_\_

\* Deduct \$5 for no T-shirt

**MAKE CHECK PAYABLE TO:**

Quakertown Rotary Club

MAIL TO:

Bill Tuszynski

27 S. Vassar Dr.

Quakertown PA 18951

**I know that participating in a race is a potentially  
hazardous activity. I should not enter unless I am  
medically able to participate. I also assume any and all  
risks associated with participating in this event,  
including but not limited to falls, contact with other  
participants, the effects of the weather, traffic and the  
condition of the roads. In consideration of accepting this  
entry, I hereby waive for myself and my heirs all rights  
and claims for damages I may have against the  
Quakertown Rotary Club, and all other sponsors,  
volunteers, their agents or representatives arising out  
of, or in the course of, my participation in this event. I  
also give permission for the free use of my name and  
picture in any broadcast, telecast or print media  
account of this event.**

Signature \_\_\_\_\_

(parent/guardian if under 18 years)

Date \_\_\_\_\_

**Directions:**

**From Route 309 (West End Blvd.):**

Turn west (right from southbound 309) at Route 663  
(John Fries Highway). Go to the first traffic light after  
the PA Turnpike Interchange (Spinnerstown Rd.).  
Turn right and go to the four-way stop sign, Sleepy  
Hollow Rd., and turn left. The school is on your right  
just after the crest of the hill.

**From PA TPKE:**

From the PA Turnpike, head west (right) on Rte. 663  
(John Fries Highway) to the first light. Turn right and  
follow as above.

**From Reading:**

Take Rt. 73 East to Rt. 663 North. Follow Rt. 663  
through Pennsburg to Spinnerstown Road. Turn left  
and follow as above.

**From Doylestown:**

Go west on Rt. 313 to Rt. 309. Continue straight as Rt.  
313 turns into Rt. 663. Follow directions as above.

**MAPQUEST:**

1600 Sleepy Hollow Road  
Quakertown PA 18951

**Race organizer:**

**Bill Tuszynski, 267-374-1631 (before 10PM please);**

**[wtuszynski@verizon.net](mailto:wtuszynski@verizon.net)**

**Register online @ [www.pretzelcitysports.com](http://www.pretzelcitysports.com) or**

**[www.active.com](http://www.active.com)**