



eagle eye associates

Race for Sight

5K and 15K Trail Races

Beautiful lakeside course! Trails that have not been used in any other race! New 15K course!

Sunday October 7, 2012
9:00 am

<http://raceforsight.weebly.com>

Race Location: Marsh Creek State Park, Downingtown, PA. Registration begins at 7:30am in the WEST parking lot – off of Reeds Road. Do NOT go to the Main Park Entrance off of Park Rd. *Follow parking attendants – do NOT park on the road side.*

Directions: From PA Turnpike: Take PA turnpike to West Chester/Downingtown exit, take 100 North for ½ mile, at 2nd light make a left onto Pennsylvania Drive (before you go under the bypass), after ½ mile take a right onto West Township Line Road, go 1 mile and make a right onto Dorlan Mills Road, after 1.4 miles, take a right onto Creek Road (282 North). Follow 282 for 2.2 miles, and you will see a greenhouse on your left, make the next right onto Lyndell Road (the Lyndell Post Office will be on the corner). After 0.3 miles, Lyndell Road ends and becomes Reed Road (can only go right). Marsh Creek South Entrance will be on your left after 50 yards.

From 202: South to Rt. 30 Bypass West, take 282 Wallace Ave. exit, make left at bottom of ramp, go .2 miles and make right onto 282 North. Follow North 3.6 miles and make a right onto Reeds Road. Follow for approximately one mile. Marsh Creek South Entrance will be on your right.

GPS: You can put in 803 North Reeds Rd, Downingtown, PA – this will get you to Marsh Creek South Entrance.

Course Description: The 5K is perfect for new trail runners, and the 15K is a great challenge for trail running junkies! The 5K is a loop starting and ending at the West parking lot. The race starts by going out on a wide gravel dirt road that any road runner will appreciate! There will be rolling hills and lake views the whole way. The race turns and starts to head back at the dam. This is when you enter a mostly flat, single track trail that hugs the lake the whole way back to the finish – so you've got the whole first half of the race to spread out before hitting the single track! For the 15K, runners will break off from the 5K at the 1.5 mile mark, and cross over the dam for the best view of the lake in the entire park! Once coming back to the start/finish area, runners will cross over to the other side of the park for the final 2K (we know it will be tempting to run by that finish line!). The 15K trails are mostly single track and are very well maintained. Expect some hills and a few easy stream crossings (you can basically jump over them if you don't want to get your feet wet!). There will be 1 water stop for the 5K, and at least 3 for the 15K.

Awards: For each race, the 5K and 15K, top three overall male and female, and top three male and female in 10 year age groups will receive medals: Under 15, 16-29, 30-39, 40-49, 50-59, 60+

Proceeds: 100% of the proceeds benefit the Choroideremia Research Foundation (CRF). Choroideremia is a rare genetic disorder that affects the choroid/retina of the eye and eventually leads to legal blindness, often around ages 25-30. Major research breakthroughs have been made over the past 2 years, but funding remains of the utmost importance to finding a cure. For those currently diagnosed with this disease, time is of the essence. More information can be found at <http://choroideremia.org>.

Other Information: Timing by Pretzel City Sports. Results will be posted at www.pretzelcitysports.com 2-3 days following the event. A raffle will be held immediately following the race, with all proceeds benefiting the CRF.

Entry Fee: Pre-registration cut off is entries post-marked by September 21, 2012. 5K pre-registration is \$20, \$25 after and including the day of the event - \$20 if t-shirts are unavailable. 15K pre-registration is \$25, \$30 after and including the day of the event - \$25 if t-shirts are unavailable. All pre-registrants are guaranteed a shirt of their selected size. All people entering after September 21 up to and including the day of the race are offered t-shirts while supplies last.

Make Checks to: Eagle Eye Associates. 155 Little Conestoga Road, P.O. Box 310, Eagle, PA 19480.

Online Registration: Race forms and online registration are available at pretzelcitysports.com. Also find us on Facebook! Online registration closes midnight Wed October 3, 2012 – a nominal service fee applies. If you register online, we will send you a confirmation email within one week of registration. Contact raceforsight@hotmail.com if you do not receive this email.

Contact: Eagle Eye Associates. 610-458-9800, fax 610-458-9806, email- raceforsight@hotmail.com

RACE FOR SIGHT ENTRY FORM. 10/07/2012. PLEASE PRINT LEGIBLY.

5K: \$20 by 9-21-12. \$25 after. **15K:** \$25 by 9-21-12. \$30 after.
Extra donations are of course welcome! No refunds will be given for any reason.

Circle one: 5K 15K (must select one this year)

Name _____ Sex _____ Age _____ Date of Birth _____

Address _____

City, State Zip _____

Phone _____ E-mail _____

How did you hear about us? _____

SHIRT SIZE (circle one) SM M L XL

Waiver (MUST BE SIGNED)

In consideration of your accepting this entry, I, the below signed, intending to be legally bound, for myself, my heirs, my executors and administrators, waive and release and any all rights and claims for damages I may have against the race, and sponsors and their representatives, successors and assigns for any and all injuries suffered by me in said event. I attest that I will participate in this event as a footrace, that I am physically fit and sufficiently trained for the completion of this event. Furthermore, I hereby grant full permission to use my name and likeness, as well as any photographs and any record of this event in which I may appear for any legitimate purpose, including advertising and promotion.

Signature _____ Date _____

Parent or Guardian if under 18 _____

