

Dragon Dash

Enjoy a spring run through the scenic streets of Somerton
to benefit the St. Christopher School



5K Run/1 Mile Fun Run/Walk

Saturday, April 26, 2014

5K Starts 8:00 am from Trainer Hall, 1 Mile starts 8:15
13305 Proctor Road, Philadelphia, PA 19116 - Somerton

All registrants will receive a t-shirt;
Youth & Adult Sizes available

- AWARDS**
- Top 3 Men & Women overall
 - Top 3 Runners by Age Group
 - Top 3 St. Christopher School Alumni

Course & Additional Info: www.saintchris.angelcities.com
Register online: www.pretzelcitysports.com

Registration Information

- Advance registration fee is \$20; must be postmarked by April 14th; thereafter, registration fee is \$25
- Race packets are available for pick-up on Friday, April 25th from 5:00--8:00 pm in School Lobby
- Race Day Registration is from 7:00--7:45 am in Trainer Hall; parking available behind school on Lindsay Street

All proceeds from the Dragon Dash benefit St. Christopher School

YES, I would like to run/walk:

\$20 (before 4/14)

\$25 (4/15 and after)

No, I can't make the run/walk,
but I'd like to contribute:

\$25 \$50 \$_____

Make checks payable to:
St. Christopher and mail to:
13305 Proctor Road
Philadelphia, PA 19116

Entry Form

Name _____

Address _____

Email _____

Phone # _____ Sex M F

Age on Race Day _____ T---Shirt Size YM YL S M L XL XXL

Race 5K 1 mile run/walk

St. Chris Alum? No Yes Graduation Year _____



Waiver: I know that running is a potentially hazardous activity requiring proper training. I realize there will be traffic, debris, poor footing, & other hazards on the course and assume the risk for running on it. I hereby for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf, covenant not to sue, and waive, release, & forever discharge the organizers of this event, Saint Christopher's School and Church, all municipalities in which the event is held, all owners of properties through which the race crosses, the race committee, volunteers, sponsors, or anyone else associated with the race from any or all claims or liability for death, personal injury or property damage of any kind or nature whatsoever arising out of, or in the course of, my participation in this event. This waiver extends to all claims of every kind or nature: foreseen or unforeseen, known or unknown, even if caused in whole or in part by any negligence, strict liability, actions, or inactions of the Released Parties. I grant permission to all the foregoing groups to use any photographs, motion pictures, recordings, or other record of this event for any legitimate purpose, without compensation. I understand this race is not intended for baby joggers, headphones, skates, roller blades, or pets, and I will abide by these guidelines.

Signature _____ Date _____