



# TEMPLE FIRE COMPANY PRESENTS... FEEL THE BURN 5K & 1M FUN WALK/RUN: Sun, August 24th, 2014 - 9 AM Temple, PA

**LOCATION/REGISTRATION:** The fun begins at the Temple Fire Company parking lot, where you will receive your registration/number starting at 8:00 AM. The 5K will start at 9:00 AM and the 1 mile fun walk/run will start at 9:45 AM. Both races will begin at the Temple entrance of Muhlenberg Rail Trail.

**COURSE:** The Muhlenberg Rail Trail, which extends through Temple and Laureldale, is paved for its entire length and has well developed trailheads at both ends, ensuring a smooth run or walk. The run will start and finish at the Temple entrance of the trail.

From the temple entrance to the Muhlenberg Rail Trail, exit to Park Ave, right on Rail Trail Alley, Right on Midway Ave, Right on 10<sup>th</sup> Ave, Right on Water St, Right back on Rail Trail Alley, then Left to go back down the trail to the FINSH LINE! Roads closed for race.

**AMENITIES:** T-shirt to all pre-registrants of 5K; "goodie" bag for all finishers. Refreshments for finishers, indoor toilet, loads of parking, time clock at finish and instant results. Held rain or shine. No refunds or mailed awards. Results on [www.pretzelcitysports.com](http://www.pretzelcitysports.com) in 1-2 days.

**AWARDS:** Awards for the 5K - Top Male & Female, Top 3 Male & Female for the following: 13 and under, 14-19, 20-29, 30-39, 40-49, 50-59, 60+. **Grab bags for all finishers.**

**ENTRY:** For both 5K and 1M: \$20 if postmarked by August 10, 2014. Afterwards, including day of race, \$25.

**GENERAL DIRECTIONS FOR ALL:** 4963 Kutztown Rd. Temple, Pa 19560

**Registration:** MAIL CHECK PAYABLE TO "Temple Fire Company Equipment Fund" & **FORM BELOW TO:** Temple Fire Company ATTN: 5K Run 4963 Kutztown Rd. Temple, PA 19560 OR Optional Online registration available at [www.pretzelcitysports.com](http://www.pretzelcitysports.com). Normal services fees will apply. Online registration will be closed Wednesday prior to the race.

**RACE DIRECTOR:** Terry Raffety: (610) 929-8050, [traffety@temple11fire.com](mailto:traffety@temple11fire.com) or [www.temple11fire.com](http://www.temple11fire.com)

.....Please Print Clearly.....

Last name \_\_\_\_\_ First name \_\_\_\_\_

Address \_\_\_\_\_

City/State \_\_\_\_\_ Zip \_\_\_\_\_ Race day age: \_\_\_\_\_ Date of birth \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Sex: M F Phone: (\_\_\_\_) \_\_\_\_\_ A.M. or P.M.??

Shirt Size (If reg. by 8/10/14) (circle one): S M L XL Email \_\_\_\_\_ @ \_\_\_\_\_

**Already Getting Emails from Pretzel City Sports Regularly??** \_\_\_\_\_ Yes \_\_\_\_\_ No

**WAIVER:** I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Temple Fire Company, and any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature \_\_\_\_\_ Date \_\_\_\_ / \_\_\_\_ / 2014