

5K & 1Mi Fun Walk/Run

Reading, Pa



Amenities:

- Professionally timed by PCS, results available online at www.pretzelcitysports.com
- Shirts guaranteed to all pre-registrants & while they last on race day
- Tons of free parking
- Indoor bathrooms and changing facilities
- Free Raffle
- Moonbounce & Music
- Free childcare for children (2 and up)
- Lots of post-event refreshments! (sugar, carbs, & H2O!)

Awards: Medals will be presented to top three (3) Male and three (3) Female finishers in each of the following age brackets: 14 and Under, 15-19 years, 20-29 years, 30-39 years, 40-49 years, 50-59 years, 60+

Course: Old Pricetown Road to Hampden Blvd. L on Berks St, R on Alsace Rd, R on Union St, R onto Hampden & back to church

Registration:

- Postmarked by August 16th: \$23
- After August 16th: \$28
- Online at www.pretzelcitysports.com or follow directions below

Saturday
August 30th, 2014

8:00 AM Regist.

9:00 AM 5K

9:45 AM Fun Walk/Run
(Course wheel-measured, mostly flat with a few small hills)

Start & Finish at Spring
Valley Church of God
2727 Old Pricetown Rd.
Temple, PA 19560

***Benefits a homeless
community of Reading***

Race Directors:

Amanda.Aparicio@yahoo.com
(484) 769-8804
Gallagher.Fritz@gmail.com
(484) 571-7563

Paper Registration: Complete portion below and mail to "Soles of Hope, 4 Birch Lane, Boyertown, PA 19512." Make check payable to "**City Light**." Sorry, no refunds!

Last: _____ First: _____

Address: _____

City/State _____ Zip _____ Race day age: _____ Date of birth ____ / ____ / ____

Race (circle one): 5K 1Mi Sex: M F Phone: (____) _____

Shirt Size: S M L XL XXL Email: _____ @ _____

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Spring Valley Church, City Light, and any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign.

Signature _____ Date ____ / ____ /2014