



RUN FOR THE HEROES

10K, 5K Run, 1 mile Walk and a fun run for the kids

Saturday, August 23, 2014, Berks Lodge #71 FOP Memorial,

at 1102 Red Bridge Rd. Reading, just off Rt. 183 in Bern Township

Come dressed to impress as a police officer, bad guy, or runner and join the fun!

- \$25 entry fee for 10K or 5K must be received by Aug. 1st - \$30 after 8/1, including day of race
- \$25 entry fee for mile walk must be received by Aug. 1st - \$30 after 8/1, including day of race
- \$10 entry fee for kids ¼ mile run received by Aug. 1st - \$12 after 8/1, including day of race, (no shirts given)
- Professionally timed by Pretzel City Sports, results posted on website following race!
- Rain or shine event, no refunds under any circumstances
- Run will start and end at the Memorial
- Awards and presentation and door prizes following the race
- Registration begins at 9:00 am, kids run starts at 9:30, 5K/10K starts at 10:00 am, walk begins at 10:40 am
- T-Shirts for all entrants registered by Aug. 1st, all other while supplies last
- Questions? Matthew Nguyen at MNguyen11@comcast.net

Awards: There will be a 1st, 2nd, and 3rd place awards for male and females in the following age groups; 14 & U, 15-19, 20's, 30's, 40's, 50's, and 60's (no mailing of awards). The children will receive goodies bags.

Come and show your support for the fallen police officers and K-9's in Berks County!

Mail check payable to "Berks County Heroes Fund" & form below to Pretzel City Sports, 112 W. 36th St., Reading, PA 19606 or register online at www.pretzelcitysports.com. On line registration closes at midnight on Wednesday Aug. 20, 2013

Last Name _____ First Name _____

Address _____ City _____ State _____ Zip _____

Gender: M F Date of birth ____/____/____ Email _____@_____

Age day of race: _____ Phone: _____ T-shirt: circle one S M L XL 2XL

Waiver: I acknowledge that running in a 10K, 5K race and or kids run can be a potentially hazardous activity. On behalf of myself, my heirs, executors, administrators, successors and assigns, I hereby waive and release all rights and claims for damages which I may have against you or your assigns, the municipalities in which the event occurs, or anyone connected with this event, for any and all injuries or illnesses which I may suffer as a result of taking part in the event. I grant my permission to use my name or any audio or visual recording for any lawful purpose. I understand that volunteers will be on hand to guide participants, but roads may be open to traffic.

Signature _____ Date _____