

2nd Annual **Ephrata Rec**  ephrata recCenter

Spring 5K Series

- Sundays, April 12, May 3, June 7
- Races begin at 5 pm at the Ephrata Rec
- \$20 for individual race
- \$45 for all three races (Reg. deadline to receive shirt: April 1)
- Awards for Top Male & Female of each age group.
- Post race snacks

T-shirt included for runners who register for the series

New
**Pretzel City Timing
This Year!!!**

Race registration opens on Feb. 18th
Register at the Rec or go to pretzelcitysports.com
Make Checks payable to Ephrata Recreation Center

Return to: Ephrata Rec Ctr., 130 South Academy Dr.
Ephrata, Pa 17522 Attn: Jean Wentz



Spring 5k Series Registration Form

Name: _____

Address: _____

City: _____ St: _____ Zip: _____

Email: _____

DOB: _____ Phone: _____

Gender: M or F Age on Race Day: _____

Check appropriate:

_____ I will run all three races (4/12, 5/3, 6/7)

T-shirt (circle one) S M L XL 2XL

Registration Deadline to receive T-shirt: **April 1**

Will only run: ___ 4/12 ___ 5/3 ___ 6/7

In consideration of the acceptance of this entry, I, the undersigned, intending to be legal bound hereby, for myself, my heirs, executors, administrators and personal representatives, hereby waive and release any and all rights and claims for damages, illness, injuries or lessees which I have or which may occur to me against all race officials and organizations conducting or involved in this event including, but not limited to, the Ephrata Recreation Center, the Ephrata Church of the Brethren, the Ephrata Area School District and/or the Borough of Ephrata, their officers, directors, employees, representatives, successors, volunteers and assignees, that may result from my participation in this event. Further, I hereby grant full permission to the aforementioned person and organizations to use my name and/or picture in any newspaper, photography, video tape, motion picture, recording or any other account of this event for any purpose whatsoever. I understand the registration fee is non-refundable.

Date: _____

Signature: _____

Signature of legal Guardian required if under 18 years of age: _____