



THE KU SESQUICENTENNIAL 5K CROSS COUNTRY RUN

and 150-yard Cub Dash (free for kids 10 & under)
in celebration of Kutztown University's 150th anniversary!

Friday, October 2, 2015 | 6 p.m.

**Registration
begins 5 p.m.**

**on the KU Cross Country
Course (Luckenbill Rd.)**

5K: \$25 NON STUDENT / \$15 KU STUDENT
includes entry fee, T-shirt*, towel, and giveaways
if postmarked by Sept. 18; \$30 / \$20 after Sept. 18.

Post race awards for age categories and
overall male and female.

In addition to the free 150-yard Cub Dash,
there will be other activities for children.

Music, Avalanche, and a birthday cake are
just a few of the fun happenings during this
momentous event!

(see reverse for registration details)

**Registration must be post-marked by Sept. 18 to be
guaranteed a t-shirt in the requested size. All registrations
received after this date will receive a shirt while supplies last.*



REGISTRATION AVAILABLE ONLINE AT WWW.PRETZELCITYSPORTS.COM/ONLINE_REGISTRATIONS.HTML

KU SESQUICENTENNIAL 5K CROSS COUNTRY RUN

and 150-Yard Cub Dash (free for kids 10 & under)

FRIDAY, OCTOBER 2 | 6 P.M.

Cub Dash to Follow | Registration at 5 p.m. | KU North Campus, Luckenbill Rd., Kutztown, Pa.

Proceeds benefit the KU Sesquicentennial Student Scholarship Fund



ENTRY FEES:

5K: \$25 for the general public, \$15 for KU students

Pre-registration by September 18 includes T-shirt

Registration must be post-marked by Sept. 18 to be guaranteed a t-shirt in the requested size. All registrations received after this date will be \$30 non-student/\$20 KU student and will receive a shirt while supplies last.

Cub Dash (ages 10 and under): Free

(Entry form must be completed to participate. T-shirt not included.)

AWARDS:

- Overall male and female finishers and overall KU male and female finisher (no duplicates)
- Age group winners: 0-17, 18-22, 23-29, 30-39, 40-49, 50-59 and 60+
- Youngest and oldest finisher

COURSE:

Wide grass cross country course that is home to KU meets and the Berks County high school championships. Figure eight loop featuring rolling hills, beautiful scenery, and a flat start/finish area.

AMENITIES:

Official race T-shirt for all 5K runners who pre-register; rally towels for all entrants; post-race snacks and refreshments; race-day DJ; course photographer; official race timing by Pretzel City Sports.

DIRECTIONS:

Take Main St. through the Borough of Kutztown to the KU campus. Proceed through campus and turn right on Luckenbill Rd. Parking will be available to the right in Lot B3, just past North Campus Drive. Race registration will be under the tent at the start/finish area on the athletic fields just west of the parking lot.

RACE DAY WEATHER POLICY:

The race will be held rain or shine. The race director reserves the right to postpone/cancel the race in the event of severe weather (i.e. lightning). There will be no refunds for any decision made due to severe weather conditions.

FOR INFORMATION ON RACE DAY, PLEASE CALL 484-646-4202.

NAME _____ PHONE# _____ E-MAIL _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

AGE (DAY OF RACE) _____ M/F _____

CIRCLE ONE: 5K 150-yard Cub Dash T-SHIRT SIZE (5K ONLY) : S M L XL

I know that running a cross country race is a potentially hazardous activity and that I should not enter and run unless I am medically able and properly trained. I assume all risks associated with running in this event. Having read this waiver and knowing these facts and in consideration of accepting my entry, I and anyone entitled to act on my behalf, waive and release Kutztown University, all race volunteers and all sponsors, their representatives, employees and successors from any claims and liabilities of any kind arising out of my participation in this event or carelessness of the persons named in the waiver. Further, I grant to all of the foregoing the right to use any photographs, motion pictures, recordings or any other record of this event for legitimate purposes.

SIGNATURE (IF UNDER 18-PARENT/GUARDIAN) _____

DATE _____

PLEASE MAKE ALL CHECKS PAYABLE TO: **KUTZTOWN UNIVERSITY**
MAIL APPLICATION AND PAYMENT TO: **AMY SANDT, RECREATIONAL SERVICES, PO BOX 730, KUTZTOWN, PA 19530**

FOR MORE INFORMATION EMAIL SANDT@KUTZTOWN.EDU OR WWW.KUTZTOWN.EDU/150
REGISTRATION AVAILABLE ONLINE AT WWW.PRETZELCITYSPORTS.COM/ONLINE_REGISTRATIONS.HTML