

# Donegal High School Boys Soccer Booster Club

PRESENTS THE 1<sup>ST</sup> ANNUAL

# RUN WITH THE DONEGAL INDIANS 5K AND 10K RACE

Sat, July 18th, 2015 - 9 AM - Riverfront Park, Marietta, PA

**LOCATION/REGISTRATION:** Starts at Riverfront Park, Marietta, PA; Registration/number pickup at the event registration table at Riverfront Park starting at 8:00 AM. 5K and 10K race begins at 9:00 AM.

**COURSE:** along the Susquehanna River on the North West Lancaster County River Trail, returning to the start point for the finish. This is a FLAT, FAST, and beautiful course. It is a great place to set a personal record or have an enjoyable run with friends.

**AMENITIES:** T-shirt to all pre-registrants of the 5K or 10K; Refreshments for finishers, loads of parking, time clock at finish and instant results. Held rain or shine. No refunds or mailed awards. Results on [www.pretzelcitysports.com](http://www.pretzelcitysports.com) in 1-2 days.

**AWARDS:** Awards for the overall top male & female finishers and runner-ups, plus medals for the top 3 male and top 3 female finishers in each of the following age groups: 18 & Under, 19 - 29, 30-39, 40-49, 50-59, 60+

**ENTRY:** \$25 if postmarked by July 6th, 2015 includes a free race event shirt. After July 6th, 2015 including day of race, \$30 including a free race shirt while supplies last.

**GENERAL DIRECTIONS FOR ALL:** For Lancaster and York take Columbia exit off of Rt. 30, head North on Rt. 441 for 6 miles, turn left onto Vinegar Ferry Road. Riverfront Park is at the end of River Ferry Road. For Elizabethtown, follow Rt. 743 South to the square in Maytown, turn right on West High Street, West High Street becomes Vinegar Ferry Road, Riverfront Park is at the end of River Ferry Road.

**MAIL CHECK PAYABLE TO "Donegal Boys Soccer Booster Club".** Send check and form below to: Run With The Donegal Indians, 635 Kraybill Church Road, Mount Joy, PA 17552.

**RACE DIRECTOR:** Chris Hawbaker: (717)653-0443, [DonegalSoccerBoosterClub@gmail.com](mailto:DonegalSoccerBoosterClub@gmail.com)

Optional Online Registration Available at [www.pretzelcitysports.com](http://www.pretzelcitysports.com)  
(nominal service fee applies, closes at midnight, the Wednesday before raceday)

.....Please Print Clearly.....

Last name \_\_\_\_\_ First name \_\_\_\_\_

Address \_\_\_\_\_

City/State \_\_\_\_\_ Zip \_\_\_\_\_ Race day age: \_\_\_\_\_ Date of birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Race (circle one): 5K 10K Sex: M F Phone: (\_\_\_\_) \_\_\_\_\_

Shirt Size (circle one): S M L XL email \_\_\_\_\_@\_\_\_\_\_

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there may be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the course, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge the Donegal High School Boys Soccer Booster Club, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

signature \_\_\_\_\_ date \_\_\_\_/\_\_\_\_/ 2015