

LA FITNESS of Pottstown 10k



LA | FITNESS®

8:00am Sunday September 20, 2015

Hosted by Sly Fox Track Club

LOCATION/REGISTRATION: Starts at Montgomery County Community College 101 College Avenue, Pottstown PA 19464, Registration/number pickup at Montgomery County Community College beginning at 7:00am Race Day. Starts in front of the College and Finishes near Riverfront Park in Pottstown.

AMENITIES: Tech T-shirt guaranteed to all pre registrants who enter by September 12 and a free two week pass to LA Fitness. Time clock at finish and instant results. Race will be run rain or shine. No refunds or mailed awards. Results on www.pretzelcitysports.com in 1-2 days. Post race party and awards to be held at the Brickhouse Restaurant about two blocks from the start finish line, they will provide breakfast specials and \$2 domestic draft beers to all runners.

AWARDS: Awards for 1ST male & female plus top 3 M & F in 14 & Under, 15-19, 20 -29, 30-39, 40-49, 50-59 60+

ENTRY FEE: \$30 if postmarked by September 12 includes Tech Shirt. Afterwards including race day, \$35; shirt based on availability. If a Member of the Sly Fox Track Club, those prices are \$25 by 9/12; \$30 afterwards.

Sly Fox Track Club Membership is \$25 annually. You will receive discounts on all of our races, of which we are planning many more in 2015. Use contact info below to get information on how to join.

Optional Online Registration Available at www.pretzelcitysports.com
(nominal service fee applies, closes at midnight, the Wed of race week)

MAIL CHECK PAYABLE TO "Sly Fox Track Club" c/o Chris Bayless 1339 Lynn Drive Pottstown, PA 19464
484/941-1952/ Email: Slyfoxtrackclub@gmail.com

.....Please Print Clearly.....

Last name _____ First name _____

Address _____

City/State _____ Zip _____ Race day age: _____ Date of birth ____ / ____ / ____

Sex: M F Phone: (____) _____ A.M. or P.M.??

Tech Shirt Size (circle one): S M L XL email _____ @ _____

Already Getting Emails from Pretzel City Sports Regularly?? _____ Yes _____ No

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City, Sly Fox Brewery, LA Fitness and any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature _____ Date ____ / ____ / 2015

LA Fitness 10k