

French Creek 5K Trail Run Phoenixville, PA. Saturday April 23, 2016 11 A.M start Registration opens at 9 A.M



Come run the BEAUTIFUL rustic trails that we created & maintain on the Kimberton Waldorf School's 400+ acre campus, 410 W. Seven Stars Road, Phoenixville, 19460. This day is one of only TWO days annually that these awesome, creekside trails are open to the public.

DO NOT MISS THIS RARE OPPORTUNITY!

Other Things that Set This Event Apart:

- * Homemade Chocolate Chip Cookie For Everyone That Crosses The Finish Line; from Kimberton Waldorf School's Food For Thought Program.
- * Run Along The Beautiful French Creek.
- * Nature Based Children's Activities.
- * Guided Nature Walk by French & Pickering Creeks Conservation Trust Staff.
- * FREE Samples of Green Lion Bread freshly baked in our cob oven, after finishing.
- * Organic Gardening Tips & Birdhouse Tour.
- * Raise money for our French Creek Conservation Trail Improvement Fund.
- * Each runner gets a ticket for dozens of GREAT door prizes being raffled off plus you can buy more!
- * Professional timing by Pretzel City Sports and instant results at the event.

Registration/Fee: Online registration only! Register at:

https://www.pretzelcitysports.com/onlineform1.php?id=827

Fee is \$25 until 4/9, includes a guaranteed tech shirt in the size you request. After that, including raceday, fee is \$30, shirts available while they last and they may be regular shirts instead of techs. Online reg closes at midnight, the Wed of raceweek.

Awards: Top M and F overall plus the top 3 M and top 3 F in each of the following age groups:

0-13 14-19 20-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70+

Questions on the race or interested in becoming a sponsor or a volunteer? Contact:

Heather Devine, hedevine@icloud.com or call the school